Sesame Ginger Tuna Sandwich

HACCP Process: #1 No Cook **Size of Portions:** 1 Sandwich

CREDITING INFORMATION: one sandwich provides

Meats/MA	Grains	Fruits	Vegetables
2 oz eq	2 oz eq	0	Legumes: Dark Green: ¼ cup Red/Orange: Starchy: Other: ½ cup

INCREDIENTS	50 SER	RVINGS	100 SEI	RVINGS		DIDECTIONS
INGREDIENTS	Weight	Measure	Weight	Measure		DIRECTIONS
Rice vinegar, unseasoned		2 cups		1 qt		Dressing: In a large mixing bowl, combine the rice vinegar, vegetable oil, sesame oil, brown sugar, garlic, ginger, salt, and pepper. Whisk until well combined.
Oil, vegetable		1 cup		2 cups		
Oil, sesame		¼ cup		½ cup		
Sugar, brown (packed)		1 Tbsp		2 Tbsp		
Garlic, fresh, peeled, grated or finely minced	2 oz	¼ cup	4 oz	½ cup	1	
Ginger Root, fresh, peeled, grated or finely minced	2 oz	½ cup	4 oz	½ cup		
Salt, Kosher		1 Tbsp		2 Tbsp		
Pepper, black		2 Tbsp		4 Tbsp		
Tuna, chunk light, canned in water, drained	6 lb 4 oz		12 lb 8 oz			Salad: Combine the tuna, carrot, onions, radish, jalapeños, and cilantro with the dressing. Mix to incorporate all of the ingredients, being careful not to break apart the tuna pieces.
*Carrot, fresh, peeled, grated	1 lb	1 qt 1 Tbsp	2 lb	2 qt 1/8 cup		
*Onion, fresh, green, tops and bulbs, sliced on a bias ½ inch	12 oz	1½ cups	1 lb 8 oz	3 cups	2	
*Radish, fresh, grated	8 oz	2 cups	1 lb	1 qt		
Pepper, jalapeño, fresh, ribs and seeds removed, ½ inch dice	3 oz	1 cup	6 oz	2 cups		
*Cilantro, fresh, fine chop	2 oz	3 cup ½ cup	4 oz	1 qt 3 cups		

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Meats/MA	Grains	Fruits	Vegetables
2 oz eq	2 oz eq	0	Legumes: Dark Green: ¼ cup Red/Orange: Starchy: Other: ⅓ cup

INGREDIENTS	50 SERVINGS		100 SERVINGS		DIRECTIONS	
INGREDIENTS	Weight	Measure	Weight	Measure	DIRECTIONS	
*Arugula, fresh	1 lb 9 oz	1 gal 2 qt 1 cup	3 lb 2 oz	3 gal 2 cups	To assemble the sandwich, top one slice of bread with ¼ cup arugula, followed by 3.25 oz (by weight) of the tuna salad mixture, then an additional ¼ cup arugula, and finally the top	
Bread, whole grain, sliced		100 Slices		200 Slices	slice of bread. CCP: Refrigerate until served. CCP: Hold for cold service at 41° F or lower.	
MARKETING GUIDE FOR 50 SERVINGS				MARKETING GUIDE FOR 100 SERVINGS		

MARKETING GUIDE FOR 50 SERVINGS	MAR
Carrot, fresh: 1.25 lb	Carrot, fresh: 2.5 lb
Onions, fresh, green: 0.5 lb	Onions, fresh, green: 1 lb
Radish, fresh: 0.75 lb	Radish, fresh: 1.5 lb
Cilantro, fresh: 0.25 lb	Cilantro, fresh: 0.5 lb
Arugula, fresh: 2 lb	Arugula, fresh: 4 lb

NOTES

*See Marketing Guide for purchasing information on foods that will change during preparation or when a variation of the ingredients is available.

Cooking Process #1: No Cook

This item may be held refrigerated at or below 41° F for 1–2 days.



DIRECTIONS

In a bowl, mix together rice vinegar, vegetable oil, sesame oil, brown sugar, garlic, ginger, salt, and pepper. Whisk until well combined.



Add the tuna, carrots, green onions, radish, jalapeños, and cilantro. Mix to incorporate.



To assemble the sandwich:

- top one slice of bread with ¼ cup arugula
- followed by 3.25 oz (by weight) of the tuna salad mixture
- then an additional ¼ cup arugula
- and finally the top slice of bread.



Serve 1 sandwich.

CCP: Refrigerate until served.

CCP: Hold for cold service at 41° F or lower.



