# Deli Bento Box

Think inside the box. This trendy theme allows you to satisfy appetites and be creative.

**AGES:** 6–18 years  
**PREP TIME:** 45 minutes  
**COOK TIME:** 0 minutes

**CACFP CREDITING INFORMATION**  
¾ cup vegetable  
1 oz eq meat/meat alternate  
1 oz eq grains 🌽

**SOURCE**  
Team Nutrition CACFP Easy Recipe Project  
TeamNutrition.USDA.gov

## INGREDIENTS

<table>
<thead>
<tr>
<th></th>
<th>25 SERVINGS</th>
<th>50 SERVINGS</th>
<th>DIRECTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Weight</td>
<td>Measure</td>
<td>Weight</td>
</tr>
<tr>
<td>Mayonnaise, reduced-fat</td>
<td>1 lb</td>
<td>2 cups</td>
<td>2 lb</td>
</tr>
<tr>
<td>Mustard, yellow</td>
<td>⅔ cup</td>
<td>½ cups</td>
<td>1½ cups</td>
</tr>
<tr>
<td>Honey</td>
<td>⅔ cup</td>
<td>1½ cups</td>
<td></td>
</tr>
<tr>
<td>Garlic powder</td>
<td>1 Tbsp + 1 tsp</td>
<td>2 Tbsp + 2 tsp</td>
<td></td>
</tr>
<tr>
<td>INGREDIENTS</td>
<td>25 SERVINGS</td>
<td>50 SERVINGS</td>
<td>DIRECTIONS</td>
</tr>
<tr>
<td>-------------</td>
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<td>------------</td>
</tr>
<tr>
<td></td>
<td>Weight</td>
<td>Measure</td>
<td>Weight</td>
</tr>
<tr>
<td>Deli turkey, low-sodium, sliced</td>
<td>1 lb 6 oz</td>
<td></td>
<td>2 lb 12 oz</td>
</tr>
<tr>
<td>Cheddar cheese, reduced-fat, 1 oz slices</td>
<td>1 lb 9 oz</td>
<td>25 slices</td>
<td>3 lb 2 oz</td>
</tr>
<tr>
<td>Tomatoes, fresh, grape (gently wash tomatoes under running water)</td>
<td>3 lb 6 oz</td>
<td>150</td>
<td>6 lb 12 oz</td>
</tr>
<tr>
<td>Cucumbers, fresh, peeled strips, ¼&quot; slices* (gently wash cucumbers under running water before cutting/peeling)</td>
<td>2 lb</td>
<td>1 qt + 2¼ cups</td>
<td>5 lb 4 oz</td>
</tr>
<tr>
<td>Crackers, woven (about 1½&quot; by 1½&quot; each), whole-wheat, square, savory (see notes)</td>
<td>25 oz (at least 550 g)</td>
<td>150</td>
<td>50 oz (at least 1100 g)</td>
</tr>
</tbody>
</table>

*See Marketing Guide
**NUTRITION INFORMATION**

1 Deli Bento Box

<table>
<thead>
<tr>
<th>NUTRIENTS</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>331</td>
</tr>
<tr>
<td>Total Fat</td>
<td>16 g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>6 g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>41 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>320 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>28 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>4 g</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>13 g</td>
</tr>
<tr>
<td>Includes Added Sugars</td>
<td>N/A</td>
</tr>
<tr>
<td>Protein</td>
<td>15 g</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>N/A</td>
</tr>
<tr>
<td>Calcium</td>
<td>219 mg</td>
</tr>
<tr>
<td>Iron</td>
<td>2 mg</td>
</tr>
<tr>
<td>Potassium</td>
<td>N/A</td>
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</tbody>
</table>

N/A = Data not available

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**MARKETING GUIDE**

<table>
<thead>
<tr>
<th>Food as Purchased for</th>
<th>25 Servings</th>
<th>50 Servings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cucumbers, fresh</td>
<td>3 lb 2 oz</td>
<td>6 lb 4 oz</td>
</tr>
</tbody>
</table>

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**NOTES**

- Contains Milk (cheddar cheese), wheat (crackers), and eggs (mayonnaise).
- If serving other types of crackers, nutrition information and number of crackers to serve may change. Check the Nutrition Facts label or other information on the package to make sure you purchase at least 550 g or 25 oz for 25 servings or 1100 g or 50 oz for 50 servings of this recipe.
- The symbol indicates the recipe is whole grain-rich.
- Creditable grains contribution calculated using the Recipe Analysis Workbook, Method A.
- Serve a variety of foods during the week to balance out an occasional snack item that may be higher in sodium or saturated fat.

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**WEIGHT/YIELDS**

<table>
<thead>
<tr>
<th></th>
<th>25 Servings</th>
<th>50 Servings</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 lb 10 oz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25 Deli Bento Boxes</td>
<td></td>
<td>25 lb 4 oz</td>
</tr>
<tr>
<td>25 Deli Bento Boxes</td>
<td></td>
<td>50 Deli Bento Boxes</td>
</tr>
</tbody>
</table>