

Caprese Bruschetta

Caprese refers to the use of mozzarella, tomatoes, and basil in this recipe. Bruschetta refers to the use of toasted bread as the base for the toppings. It sounds fancy, but it's really quite easy to put together.

AGES: 3-5 years PREP TIME: 2 hours COOK TIME: 8 minutes

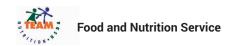
CACFP CREDITING INFORMATION

½ cup vegetable 1 oz eq grains

SOURCE

Team Nutrition CACFP Easy Recipe Project **TeamNutrition.USDA.gov**

INGREDIENTS	25 SERVINGS		50 SERVINGS		DIDECTIONS
	Weight	Measure	Weight	Measure	DIRECTIONS
					1 Wash hands with soap and water for at least 20 seconds.
					2 Preheat oven to 350 °F.
Tomatoes, fresh, ¼" diced* (gently wash tomatoes under running water before cutting)	5 lb 12 oz	3 qt + ½ cup	11 lb 8 oz	1 gal + 2 qt + 1 cup	3 In a large bowl, stir together tomatoes, garlic, basil, balsamic vinegar, olive oil, salt, and mozzarella cheese. Set aside. Keep cold at 40 °F or lower (see notes).
Garlic, fresh, minced	about 2 cloves	2 tsp	about 4 cloves	1 Tbsp + 1 tsp	



INGREDIENTS	25 SERVINGS		50 SERVINGS		DIDECTIONS
	Weight	Measure	Weight	Measure	DIRECTIONS
Basil, fresh, chopped (gently wash basil under running water before cutting)	1 oz	½ cup	2 oz	1 cup	
Balsamic vinegar		¼ cup		½ cup	
Olive oil, extra virgin		2 Tbsp		¼ cup	
Salt, table		1 tsp		2 tsp	
Mozzarella, finely shredded, low-moisture, part-skim, reduced-fat	4 oz	1 cup	8 oz	2 cups	
Sandwich thins, whole-wheat (at least 56 g or 2 oz each)	25 oz (at least 700 g)	12½	50 oz (at least 1400 g)	25	 Separate sandwich thins and place both halves on a sheet pan (18" x 26" x 1"). Bake for about 6-8 minutes or until toasted. For 25 servings, use 1 pan. For 50 servings, use 2 pans.
					5 Place ½ cup (#8 scoop) tomato mixture on each toasted half.
					6 Serve 1 piece. Serve immediately, or keep tomato mixture cold at 40 °F or lower.

^{*}See Marketing Guide



NUTRITION INFORMATION

1 piece Caprese Bruschetta

NUTRIENTS Calories	AMOUNT 115
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber Total Sugars Includes Added Sugars Protein	2 g 1 g 2 mg 219 mg 20 g 2 g 5 g N/A 5 g
Vitamin D Calcium Iron Potassium N/A = Data not available	N/A 22 mg 1 mg N/A

*MARKETING GUIDE				
Food as Purchased for	25 Servings	50 Servings		
Tomatoes, fresh	6 lb 13 oz	13 lb 9 oz		

NOTES

- Contains milk (mozzarella cheese) and wheat (sandwich thins). Sandwich thins can be a hidden source of common allergens which include, milk, peanuts, tree nuts, eggs, fish, shellfish, soy, wheat, and sesame.
- Sesame can appear as an ingredient in foods where it might not be expected (sandwich thins) and may be included in ingredient statements as "spice" or "flavoring."
- If not serving immediately, store sandwich thins and tomato mixture separately. Keep tomato mixture cold at 40 °F or lower.
- The symbol indicates the recipe is whole grain-rich.
- Creditable grains contribution calculated using the Recipe Analysis Workbook, Method A.

WEIGHT/YIELDS				
25 Servings	50 Servings			
7 lb 12 oz 25 Caprese Bruschetta	15 lb 9 oz 50 Caprese Bruschetta			