



Chicken and Cheese Snack Cup With Grapes

Rotisserie chicken, Colby cheese, and grapes are packaged together to make a great snack.

AGES: 3–5 years
PREP TIME: 45 minutes
COOK TIME: 0 minutes

CACFP CREDITING INFORMATION
½ cup fruit
½ oz eq meat/meat alternate

SOURCE
Team Nutrition CACFP Easy Recipe Project
TeamNutrition.USDA.gov

INGREDIENTS	25 SERVINGS		50 SERVINGS		DIRECTIONS
	Weight	Measure	Weight	Measure	
					<ol style="list-style-type: none"> 1 Wash hands with soap and water for at least 20 seconds.
Chicken breast, cooked, skinless, rotisserie, ¼" diced	9 oz	2¼ cups	1 lb 2 oz	1 qt + ½ cup	<ol style="list-style-type: none"> 2 In 25 or 50 6 fl oz clear plastic cups, layer 1 Tbsp (#70 scoop) chicken and 1 Tbsp (#70 scoop) cheese.
Colby cheese, ¼" diced	6¼ oz	1 ½ cups + 1 Tbsp	12½ oz	3 cups + 2 Tbsp	

INGREDIENTS	25 SERVINGS		50 SERVINGS		DIRECTIONS
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Red grapes, seedless, fresh, halved* (gently wash grapes under running water before cutting)	5 lb 8 oz	3 qt + ½ cup	11 lb	1 gal + 2 qt + 1 cup	3 Top each cup with ½ cup (#8 scoop) of sliced grapes.
					4 Serve 1 6 fl oz cup. Serve immediately, or cover and keep cold at 40 °F or lower (see notes).

*See Marketing Guide



NUTRITION INFORMATION

1 Chicken and Cheese Snack Cup With Grapes

NUTRIENTS	AMOUNT
Calories	107
Total Fat	3 g
Saturated Fat	2 g
Cholesterol	12 mg
Sodium	150 mg
Total Carbohydrate	19 g
Dietary Fiber	1 g
Total Sugars	16 g
Includes Added Sugars	N/A
Protein	4 g
Vitamin D	N/A
Calcium	60 mg
Iron	0 mg
Potassium	N/A

N/A = Data not available

***MARKETING GUIDE**

Food as Purchased for	25 Servings	50 Servings
Grapes, fresh	5 lb 11 oz	11 lb 6 oz

NOTES

- **Contains milk (Colby cheese).**
- **Choking Prevention:** Large chunks of cheese cubes can be a choking risk for children under the age of 4. To reduce risk of choking, use shredded cheese.
- **Choking Prevention:** Whole grapes can be a choking risk for children under the age of 4. To reduce risk of choking, cut grapes in half lengthwise. If needed, cut into smaller pieces no larger than ½ inch.
- If preparing in advance, store diced chicken, diced cheese, and sliced grapes in separate airtight containers at 40 °F or lower until ready to assemble snack cups.

WEIGHT/YIELDS

25 Servings	50 Servings
6 lb 7 oz	12 lb 15 oz
3 qt 3 ⁵ / ₈ cups Chicken and Cheese Snack Cups With Grapes	1 gal 3 qt 3 ¹ / ₄ cups Chicken and Cheese Snack Cups With Grapes