

Pizza Green Beans USDA Recipe for CACFP

These Pizza Green Beans have green beans combined with tomatoes, garlic, and oregano.

CACFP CREDITING INFORMATION ¹/₂ cup (4 fl oz slotted spoodle) provides ¹/₂ cup vegetable.

INGREDIENTS	25 SERVINGS		50 SERVINGS		DIDECTIONO
	Weight	Measure	Weight	Measure	DIRECTIONS
Canned no-salt-added diced tomatoes, drained	2 lb 2 oz	1 qt ½ cup (½ No.10 can)	4 lb 4 oz	2 qt 1 cup (1 No. 10 can)	1 Combine tomatoes and green beans in a large pot.
Canned no-salt-added green beans, with liquid	7 lb	3 qt 3½ cups (1¼ No. 10 can)	14 lb	1 gal 3 qt 3 cups (2½ No. 10 cans)	
Dried oregano		¼ cup		¹⁄₂ cup	2 Add spices. Stir well.
Fresh garlic, minced		¹⁄8 cup	21⁄2 oz	¼ cup	
Ground black pepper		¹∕₂ tsp		1 tsp	



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					 Bring to a boil over medium high heat for 8–10 minutes. Reduce heat. Simmer uncovered for 5 minutes.
					4 Critical Control Point: Heat to 140 °F or higher for at least 15 seconds.
					 5 Transfer to steam table pan (12" x 20" x 21/2"). For 25 servings, use 1 pan. For 50 servings, use 2 pans.
					6 Critical Control Point: Hold for hot service at 140 °F.
					7 Portion with 4 fl oz slotted spoodle (¹ / ₂ cup).



NUTRITION INFORMATION

For $\frac{1}{2}$ cup (4 fl oz slotted spoodle).

NUTRIENTS	AMOUNT
Calories	35
Total Fat	0 g
Saturated Fat	0 g
Cholesterol	0 mg
Sodium	15 mg
Total Carbohydrate	7 g
Dietary Fiber	3 g
Total Sugars	3 g
Added Sugars included	N/A
Protein	1 g
Vitamin D	0 IU
Calcium	48 mg
Iron	1 mg
Potassium	89 mg

N/A=data not available.

SOURCE

USDA Standardized Recipes Project.

NOTES

Cooking Process #2: Same-Day Service.

YIELD/VOLUME				
25 Servings	50 Servings			
About 6 lb	About 14 lb			
About 3 qt/1 steam table pan (12" x 20" x 2½")	About 1 gal 3 qt/2 steam table pans (12" x 20" x 2½")			

