

Kati Kati Chicken

This African-inspired Kati Kati Chicken pairs perfectly with Jollof Rice and Sautéed Spinach and Tomatoes.

Preparation Time: 20 minutes

Cook Time: 25 minutes

CACFP Crediting Information:

1 chicken breast provides 2 oz eq meat/meat alternate.

INGREDIENTS	25 SEF	RVINGS	50 SERVINGS			DIRECTIONS	
	Weight	Measure	Weight	Measure			
Garlic powder		2 Tbsp	2 ½ oz	1/4 cup	1	Preheat conventional oven to 350 °F or convection oven to 325 °F.	
Sugar, granulated		2 Tbsp	2 oz	1/4 cup	2	Combine garlic powder, sugar, cumin, cinnamon, allspice, paprika, salt, turmeric, black pepper, red pepper flakes, cayenne pepper, and oil in a small bowl. Stir well.	
Cumin, ground		2 Tbsp		1/4 cup			
Cinnamon, ground		1 Tbsp		2 Tbsp			
Allspice, ground		1 Tbsp		2 Tbsp			
Paprika, ground		1 Tbsp		2 Tbsp			

INGREDIENTS	25 SEF	RVINGS	50 SERVINGS		DIRECTIONS
INGREDIENTO	Weight	Measure	Weight	Measure	BIRESTIONS
Salt		1 Tbsp		2 Tbsp	
Tumeric, ground		1 ½ tsp		1 Tbsp	
Pepper, black, ground		1 tsp		2 tsp	
Red pepper flakes		½ tsp		1 tsp	
Cayenne pepper, ground		½ tsp		1 tsp	
Oil, canola		3 Tbsp		½ cup 2 Tbsp	
Chicken breast, cooked, frozen, thawed (2 oz portions)	3 lbs 4 oz	25 pieces	6 lbs 8 oz	50 pieces	3 Toss chicken portions in spice mixture. Allow chicken to marinate for at least 30 minutes.
					4 Place chicken portions on a sheet pan (18" x 26" x 1") lined with parchment paper and lightly coated with pan release spray. For 25 servings, use 1 pan. For 50 servings, use 2 pans.
					5 Bake: Conventional oven: 350 °F for 10-15 minutes.
*Parsley, fresh, minced		⅔ cup		1 ⅓ cup	Convection oven: 325 °F for 8-12 minutes. Critical Control Point: Heat to 165 °F or higher for at least 15 seconds Remove from oven. Garnish with parsley. Critical Control Point: Hold for hot service at 135 °F or higher.
					6 Serve 1 chicken breast (2 oz).

NUTRITION INFORMATION	NC
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For 1 chicken breast (2 oz)

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NUTRIENTS	AMOUNT
Calories	142
Total Fat	6 g
Saturated Fat	1 g
Cholesterol	49 g
Sodium	323 mg
Total Carbohydrate	2 g
Dietary Fiber	0 g
Total Sugars	1 g
Added Sugars	N/A
Protein	17 g
Vitamin A	352 IU
Vitamin C	2 mg
Calcium	21 mg
Iron	1 mg
N/A=no information available	

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*MARKETING GUIDE				
Food as Purchased for	25 Servings	50 Servings		
Parsley, fresh	⅔ cup	1 ⅓ cup		

NOTES

*See Marketing Guide for purchasing information on foods that will change during preparation or when a variation of the ingredients is available.

Cooking Process #2: Same Day Service.

The food safety temperatures are based on the FDA Food Code. Some information included may be different in your state. Always check with your local regulatory authority (health department) or sponsoring organization (sponsor) for guidance on current food safety requirements in your operation.

YIELD/VOLUME				
25 Servings	50 Servings			
About 3 lbs 4 oz	About 6 lbs 8 oz			
25 pieces/1 sheet pan (18" x 26" x 1").	50 pieces/2 sheet pans (18" x 26" x 1").			