

Cornbread Stuffing USDA Recipe for Schools

NSLP/SBP CREDITING INFORMATION
1 piece provides 1.25 oz equivalent grains

INGREDIENTS	50 SERVINGS		100 SERVINGS		DIRECTIONS
INGREDIENTS	Weight	Measure	Weight	Measure	DIRECTIONS
Cornbread, crumbled made from Cornbread USDA Recipe for Schools	4 lb	1 gal 1 qt	8 lb	2 gal 2 qt	See Cornbread USDA Recipe for Schools for ingredients and directions.
					2 Crumble cornbread. Set aside for step 7.
Margarine, trans-fat free	8 oz	1 cup	1 lb	2 cups	3 In a medium stock pot, add margarine, celery, onions, and bell peppers. Saute uncovered for 2–3 minutes over high heat, stirring constantly.
*Celery, fresh, chopped	1 lb	3 1/4 cups	2 lb	1 qt 2 1/4 cups	
*Onions, fresh, chopped	12 oz	2 ¼ cups 2 Tbsp	1 lb 8 oz	1 qt ³⁄₄ cup	

INGREDIENTS	50 SERVINGS		100 SERVINGS		
	Weight	Measure	Weight	Measure	DIRECTIONS
*Green bell peppers, fresh, diced	8 oz	1 ½ cups	1 lb	3 cups	
Whole-wheat flour	8 oz	1 ¾ cups 2 tsp	1 lb	3 ½ cups 1 Tbsp 1 tsp	4 Turn heat down to medium. Add flour stirring constantly. Onion mixture will have a pasty consistency.
Nonfat milk		2 cups		1 qt	5 Add milk and chicken broth. Continue stirring to avoid lumps.
Chicken broth, low-		2 qt		1 gal	
Poultry seasoning		2 tsp		1 Tbsp 1 tsp	6 Add poultry seasoning, pepper, garlic, and sage. Simmer uncovered for 2–3 minutes. Set aside for step 7.
Black or white pepper, ground		1 ½ tsp		1 Tbsp	
Garlic, minced		1 Tbsp 1 tsp		2 Tbsp 2 tsp	
Sage, ground		2 tsp		1 Tbsp 1 tsp	
					7 Combine chicken broth mixture and crumbled cornbread in a large bowl. Stir well.
					8 Spread 2 qt 3 ¾ cups (about 5 lb) cornbread stuffing evenly into a half steam table pan (12" x 10" x 2 ½") lightly coated with pan-release spray.
					For 50 servings, use 2 pans. For 100 servings, use 4 pans
					9 Bake: Conventional oven: 350 °F for 30–40 minutes. Convection oven: 300 °F for 20–30 minutes.

IN COURT IN	50 SERVINGS		100 SERVINGS		
INGREDIENTS	Weight	Measure	Weight	Measure	DIRECTIONS
					10 Critical Control Point: Heat to 165 °F or higher for at least 15 seconds.
					11 Critical Control Point: Hold for hot service at 135 °F or higher.
					12 Portion: Cut each pan 5 x 5 (25 pieces per pan). Serve 1 piece (about 2" x 2³/8").

NUTRITION INFORMATION

For 1 piece.

NUTRIENTS Calories	AMOUNT 136
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber Total Sugars Added Sugars included Protein	5 g 1 g 11 mg 190 mg 20 g 2 g 5 g N/A 4 g
Vitamin D Calcium Iron Potassium N/A=data not available.	13 IU 52 mg 1 mg 179 mg

SOURCE

USDA Standardized Recipes Project.

MARKETING GUIDE					
Food as Purchased for	50 Servings	100 Servings			
Mature onions Celery	14 oz 1 lb 4 oz	1 lb 12 oz 2 lb 8 oz			
Green bell peppers	10 oz	1 lb 4 oz			

NOTES

*See Marketing Guide for purchasing information on foods that will change during preparation or when a variation of the ingredients is available.

Cooking Process #2: Same Day Service.

YIELD/VOLUME					
50 Servings	100 Servings				
About 8 lb 12 oz	About 17 lb 8 oz				
About 1 gal 1 ½ cups/2 steam table pans (12" x 10" x 2 ½")	About 2 gal 3 cups/4 steam table pans (12" x 10" x 21/2")				