

Roasted Potatoes O'Brien USDA Recipe for Schools

Canned diced potatoes are combined with red and green peppers and spices.

NSLP/SBP CREDITING INFORMATION

3/4 cup (6 fl oz spoodle) provides 1/8 cup red/orange vegetable,

3/8 cup starchy vegetable, and 1/8 cup additional vegetable.

INGREDIENTS	50 SERVINGS		100 SERVINGS		DIDECTIONS
	Weight	Measure	Weight	Weight Measure DIRECTIONS	DINECTIONS
Canned diced potatoes, drained	10 lb	1 gal 1 qt 1½ cups (approx. 2¼ No. 10 cans)	20 lb	2 gal 2 qt 3 cups (approx. 4½ No. 10 cans)	 Place 2 qt 2¾ cups (about 5 lb) potatoes on a sheet pan (18" x 26" x 1") lined with parchment paper and lightly coated with pan release spray. For 50 servings, use 2 pans. For 100 servings, use 4 pans. Bake until golden brown: Conventional oven: 425 °F for 25–30 minutes. Convection oven: 400 °F for 15–20 minutes. Critical Control Point: Heat to 135 °F or higher.

INGREDIENTS	50 SERVINGS		100 SERVINGS		
	Weight	Measure	Weight	Measure	DIRECTIONS
					4 Transfer 3 qt (about 3 lb 15 oz) roasted potatoes to a steam table pan (12" x 20" x 21/2").
					For 50 servings, use 2 pans. For 100 servings, use 4 pans.
					5 Critical Control Point: Hold for hot service at 135 °F or higher.
					6 Set aside for step 11.
Canola oil		½ cup		1 cup	7 Heat oil in a medium stock pot.
*Fresh red bell peppers, diced	2 lb 4 oz	1 qt 2 ² / ₃ cups 1 Tbsp 1 tsp	4 lb 8 oz	3 qt 1⅓ cups 2 Tbsp 2 tsp	8 Add bell peppers, salt, pepper, and garlic. Sauté uncovered over medium—high heat for 2–3 minutes.
*Fresh green bell peppers, diced	1 lb	3 cups	2 lb	1 qt 2 cups	
Salt		²/₃ tsp		1⅓ tsp	
Ground white pepper		1 tsp		2 tsp	
Garlic, minced	6 oz	¹⁄₂ cup	12 oz	1 cup	
					9 Critical Control Point: Heat to 135 °F or higher.
					10 Drain in a colander.
					11 Pour 1 qt (about 1 lb 11 oz) bell peppers over each pan. Stir well.
					12 Critical Control Point: Hold for hot service at 135 °F or higher.
					13 Portion with 6 fl oz spoodle (¾ cup).

NUTRITION INFORMATION

For ³/₄ cup (6 fl oz spoodle).

NUTRIENTS Calories	AMOUNT 74
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber Total Sugars Added Sugars included Protein	3 g 0 g 0 g 186 mg 10 g 1 g 1 g N/A 1 g
Vitamin D Calcium Iron Potassium N/A=data not available.	0 IU 14 mg 0 mg 206 mg

SOURCE

USDA Standardized Recipes Project.

MARKETING GUIDE					
Food as Purchased for	50 Servings	100 Servings			
Red bell peppers Green bell peppers	2 lb 14 oz 1 lb 4 oz	5 lb 12 oz 2 lb 8 oz			

NOTES

*See Marketing Guide for purchasing information on foods that will change during preparation or when a variation of the ingredients is available.

Cooking Process #2: Same Day Service.

YIELD/VOLUME				
50 Servings	100 Servings			
About 10 lb 10 oz	About 21 lb 4 oz			
About 1 gal 1 qt 11/4 cups/2 steam table pans (12" x 20" x 21/2")	About 2 gal 2 qt 2½ cups/4 steam table pans (12" x 20" x 2½")			