

Salmon Patties USDA Recipe for Schools

Salmon Patties are canned salmon infused with coriander, fennel, and seafood seasoning.

NSLP/SBP CREDITING INFORMATION
One patty provides 1.75 oz equivalent meat/meat alternate.

INGREDIENTS	50 SERVINGS		100 SERVINGS		DIDECTIONS
	Weight	Measure	Weight	Measure	DIRECTIONS
Salmon, canned, drained	6 lb	3 qt 1 cup (6½ 14¾–oz cans)	12 lb	1 gal 2 qt 2 cups (13 14¾–oz cans)	1 Combine salmon, salmon seasoning, coriander seeds, lemon juice, egg whites, bread crumbs, cilantro, bell peppers, seafood seasoning, and mayonnaise in a large bowl. Stir well.
Salmon seasoning (see Notes)		2 Tbsp		1/4 cup	
Coriander seeds, whole		1 Tbsp 1 tsp		2 Tbsp 2 tsp	
Lemon juice	8 oz	1 cup	1 lb	2 cups	
Egg whites	8 oz	1 cup	1 lb	2 cups	

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Panko bread crumbs	12 oz	3 cups	1 lb 8 oz	1 qt 2 cups	
Cilantro, fresh		1 Tbsp 1 tsp		2 Tbsp 2 tsp	
*Red bell peppers, fresh, diced	8 oz	1½ cups	1 lb	3 cups	
Seafood seasoning		2 tsp		1 Tbsp 1 tsp	
Mayonnaise, low-fat	10⅔ oz	1 cup	1 lb 5⅓ oz	2 cups	2 Using a No. 8 scoop, portion ½ cup (about 2¾ oz) onto a sheet pan (18" x 26" x 1") lined with parchment paper and lightly coated with pan release spray. Flatten 25 meat patties into an oval shape in each pan. For 50 servings, use 2 pans. For 100 servings, use 4 pans.
					3 Bake: Conventional oven: 400 °F for 10 minutes. Convection oven: 375 °F for 8 minutes.
					4 Critical Control Point: Heat to 165 °F or higher for at least 15 seconds.
					5 Critical Control Point: Hold for hot service at 135 °F or higher.
					6 Serve 1 patty.

NUTRITION INFORMATION

For 1 patty.

NUTRIENTS Calories	AMOUNT 128
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber Total Sugars Added Sugars included Protein	4 g 1 g 37mg 293 mg 7 g 0 g 1 g N/A 16 g
Vitamin D Calcium Iron Potassium N/A=data not available.	468 IU 25 mg 0 mg 189 mg

SOURCE

USDA Standardized Recipes Project.

MARKETING GUIDE				
Food as Purchased for	50 Servings	100 Servings		
Red bell peppers	10 oz	1 lb 4 oz		

NOTES

*See Marketing Guide for purchasing information on foods that will change during preparation or when a variation of the ingredients is available.

Cooking Process #2: Same-Day Service.

If Salmon Seasoning is unavailable, please use the following ingredients to create spice blend:

Combine 2 tsp sugar, 1½ tsp salt, 1 tsp ground coriander, 1 tsp granulated onion, 1 tsp garlic powder, ½ tsp ground mustard, ½ tsp paprika, and ½ tsp white pepper.

YIELD/VOLUME			
50 Servings	100 Servings		
About 8 lb	About 16 lb		
About 1 gal/2 sheet pans (18" x 26" x 1")	About 2 gal/4 sheet pans (18" x 26" x 1"		