



Southwest Seasoned Potatoes

Crispy, diced potatoes roasted with Southwest seasonings.

Recipe Project Name: Fiscal Year 2021 Cohort A Team Nutrition Training

Grant for School Meal Recipe Development Wisconsin Department of Public Instruction

Preparation Time: 25 minutes

Cook Time: 25 minutes

NSLP/SBP crediting information:

½ cup (No. 8 scoop or 4 fl oz spoodle) provides ½ cup starchy

vegetable.

| | 50 SERVINGS | | 100 SERVINGS | | |
|---|-------------|---------|--------------|---------|--|
| INGREDIENTS | Weight | Measure | Weight | Measure | DIRECTIONS |
| *Potatoes, yellow or red, fresh, medium size | 11 lb 4 oz | | 22 lb 8 oz | | Preheat conventional oven to 425 °F or convection oven to 400 °F. Wash and scrub potatoes. Cut potatoes to uniform size, approximately 1-inch pieces. |
| Olive oil | | 1 cup | | 2 cups | Place potatoes in a large bowl. Add olive oil and toss. Add all remaining seasonings and toss to coat potatoes. |
| Garlic powder | | 1 Tbsp | | 2 Tbsp | |
| Oregano, dried | | 1 Tbsp | | 2 Tbsp | |
| Salt | | 1 Tbsp | | 2 Tbsp | |

| | 50 SERVINGS | | 100 | SERVINGS | |
|---------------|-------------|---------|--------|--------------|--|
| INGREDIENTS | Weight | Measure | Weight | Measure | DIRECTIONS |
| Paprika | | 2 tsp | | 1 Tbsp 1 tsp | |
| Cumin, ground | | 2 tsp | | 1 Tbsp 1 tsp | |
| Black pepper | | 2 tsp | | 1 Tbsp 1 tsp | |
| Chili powder | | 1 tsp | | 2 tsp | |
| Onion powder | | 1 tsp | | 2 tsp | 4. Place potatoes evenly on lined sheet pans. For 50 servings, use two sheet pans. For 100 servings, use four sheet pans. 5. Roast potatoes: Conventional oven: 425 °F for 25 minutes. Convection oven: 400 °F on low fan for 25 minutes. Critical Control Point: Heat to 135 °F or higher for at least 15 seconds. Hold for hot service at 135 °F or higher. |
| | | | | | 6. Portion ½ cup with No. 8 scoop or 4 fl oz spoodle. |

SOUTHWEST SEASONED POTATOES NUTRITION INFORMATION

For ½ cup (No. 8 scoop or 4 fl oz spoodle)

| NUTRIENTS Calories | AMOUNT 104 |
|--|--|
| Total Fat Saturated Fat Cholesterol | 4 g 1 g 0 mg |
| Sodium Total Carbohydrate Dietary Fiber Total Sugars Added Sugars included Protein | 148 mg 15 g 2 g 1 g N/A 2 g |
| Vitamin A Vitamin C Vitamin D Calcium Iron Potassium | N/A N/A N/A 14 mg 1 mg N/A |
| N/A=data not available. | |

| *MARKETING GUIDE | | | | | |
|--|-------------|--------------|--|--|--|
| Food as Purchased for | 50 Servings | 100 Servings | | | |
| Yellow or red potatoes, fresh, medium size | 11 lb 4 oz | 22 lb 8 oz | | | |

NOTES

*See Marketing Guide for purchasing information on foods that will change during preparation or when a variation of the ingredients is available.

Cooking Process #2: Same Day Service

| YIELD/VOLUME | | | | |
|------------------|------------------|--|--|--|
| 50 Servings | 100 Servings | | | |
| About 7 lb 8 oz | About 15 lb | | | |
| About 1 gal 3 qt | About 3 gal 2 qt | | | |

SOURCE:

FY 2021 Cohort A Team Nutrition Training Grant