

# The Flavor Wheel

## HOT

Black Pepper  
Dried Cayenne  
Fresh Chile Peppers  
Garlic  
Ginger  
Harissa, Sriracha, Tabasco  
Red Pepper Flakes

## SOUR

Lemons  
Limes  
Sour cream  
Vinegars (red wine, white wine, sherry, balsamic)  
Wine  
Yogurt

## SWEET

Agave  
Balsamic Vinegar  
Honey  
Maple Syrup  
Molasses  
Sugars (white, light brown, dark brown)

## SAVORY

Anchovies  
Artichokes  
Asparagus  
Beans  
Broths  
Fish sauce  
Greens  
Mushrooms  
Soy sauce

## BITTER

Beer  
Cheese  
Citrus Peel  
Cocoa  
Coffee  
Garlic  
Molasses  
Olives  
Yogurt

## SALTY

Anchovies  
Cheese  
Dijon Mustard  
Fish Sauce  
Salt  
Soy Sauce

