

# CACFP Arizona Snack Ideas



## English Muffin, Nut Butter, Strawberries

English Muffin (G), Strawberries (F), Nut Butter Extra

## Broccoli and Cheese Baked Potato

Potato/Broccoli (V), Cheese (M)

## Tomato Salad & Tortilla Chips

Tomato/Onions/Green & Red Pepper (V)

Tortilla Chips (G)

## Fruit & Cheese Snack Pack

Cheese (M), Sliced Grapes (F), Almonds Extra

## Pasta Salad

Noodles (G), Green Peppers/Onion (V)

Ham and Dressing Extra

## Cottage Cheese & Peaches

Cottage Cheese (M), Sliced Fresh Peaches (F)

## Melon Madness

Watermelon, Cantaloupe and Honeydew (F)

Plain Yogurt (M) for dipping!

## Open Egg Salad Sandwich

Egg (M), Bagel (G), Mayo/Mustard/Celery Extra

## Banana Sundae

Bananas (F), Cereal (G), Sprinkles Extra

Freeze bananas pieces + blend until you have a smooth consistency. Add toppings and a cherry!

## Snack Stackers

Turkey/Cheese (M), Tomatoes/Cucumber (V)

## Grilled Tomato & Cheese Triangle

Whole Wheat Bread (G), Cheese (M), Tomato Extra

## Party Parfait

Yogurt (M), Berries/Banana (F), Granola Extra

## Samurai Banana Sushi Rolls

Tortilla (G), Banana (F), Peanut Butter Extra

Roll up + cut into sushi slices!

## Ants on a Carrot Log

Nut/Seed Butter (M), Carrots (V), Raisins Extra

## Sunrise Smoothie

Pineapple (F), Plain Yogurt (M), Topping(s) Extra

Blend + Serve. Top with shredded coconut!

## Hard-Boiled Egg & Fresh Fruit Stacker

Sliced Egg (M), Fruit (F), Crackers Extra

## Green Apple Sandwiches

Apple (F), Nut/Seed Butter (M), Cinnamon Extra

Slice apples into large circles, PB in between!

## Ham & Cheese Quesadilla

Tortilla (G), Ham/Cheese (M), Bell Pepper Extra

## Fruit Cracker Pizza

WG Crackers (G), Kiwi/Mixed Berries (F), Cream

Cheese Extra. Spread cream cheese on crackers and top with small fruit pieces!

## Mediterranean Tuna Pocket

Tuna (M), Pita (G), Carrots/Peas/Spread Extra

G: Grain M: Meat/Alt. V: Vegetable F: Fruit

### MIX IT UP

Select different components and foods for each snack! Be mindful of choking hazards + modify for your little eaters.

### SERVE EXTRA

Offer a 3rd component or "extra" of any creditable item. No measuring needed!

### MAKE IT FUN

Choose a name that excites your eaters!

