Build a Healthy Breakfast

Choose at least 3 items, make sure to take a fruit or vegetable!









Entrée Choices

= _ items

Fruit & Vegetable Choices

= _ item
= _ item
= _ item

Milk Choices

= _ item
= _ item
= _ item

Other Choices that are Part of the Meal

= 0 items

The USDA is an equal opportunity provider and employer.