Foundations for Training Excellence: Basics
Post-Assessment

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4-digit identifier

1. An effective icebreaker
   A. Identifies supporting resources.
   B. Evaluates the trainer.
   C. Reflects the learning style of the participants.
   D. Sets the stage for the outcome of the training.

2. A successful trainer
   A. Reads the words on a slide to ensure accuracy.
   B. Responds without hearing the full question.
   C. Builds a climate of trust.
   D. Illustrates concepts by selecting one method of learning styles.

3. Adult learning principles include the following except
   A. They are goal driven.
   B. They are implemented in a standard manner.
   C. They allow the participants to be actively involved.
   D. They provide practical examples.

4. Audience sensitivity
   A. Requires participants to use their imagination.
   B. Allows touching as long as it is only the head.
   C. Recognizes similarities and differences.
   D. Encourages eye contact when asked to answer a question.

5. An effective facilitative trainer
   A. Keeps the session moving.
   B. Lectures continuously.
   C. Stands in one part of the room.
   D. Assumes participants understand the concept.

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