



School Nutrition E-STAR Program

Enhanced * Strategies * Training * Action Plans * Resources

Workforce Development and Job Skills Training

E-STAR

Virtual Workshop for Managers Morning Agenda

Day 1 of ESTAR Virtual Workshop for Managers

8:00 AM – 8:10 AM	Welcome and Introductions
8:10 AM – 8:30 AM	Ice Breaker
8:30 AM – 8:45 AM	Overview of Zoom and Ground Rule
8:45 AM – 9:45 AM	Training and Facilitation
9:45 AM – 10:00 AM	Break
10:00 AM – 11:00 AM	SMART Goals and Action Plans
11:00 AM – 11:45 AM	Practical Skills for Quality Meals Introduction
11:45 AM – 12:00 PM	Wrap Up/Review Next Day

Day 2 of ESTAR Virtual Workshop for Managers

8:00 AM – 8:15 AM	Ice Breaker/Recap Previous Day
8:15 AM – 10:15 AM	Practical Skills for Quality Meals
10:15 AM – 10:30 AM	Break
10:30 AM – 11:45 AM	Practical Skills for Quality Meals
11:45 AM – 12:00 PM	Wrap Up/Review Next Day

Day 3 of ESTAR Virtual Workshop for Managers

8:00 AM – 8:15 AM	Ice Breaker/Recap Previous Day
8:15 AM – 10:15 AM	Practical Skills for Quality Meals Goals and Action Plan Development
10:15 AM – 10:30 AM	Break
10:30 AM – 11:30 AM	Training Development
11:30 AM – 12:00 PM	Wrap Up/Next Steps with ESTAR



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Virtual Workshop for Managers Afternoon Agenda

Day 1 of ESTAR Virtual Workshop for Managers

1:00 PM – 1:10 PM	Welcome and Introductions
1:10 PM – 1:30 PM	Ice Breaker
1:30 PM – 1:45 PM	Overview of Zoom and Ground Rule
1:45 PM – 2:45 PM	Training and Facilitation
2:45 PM – 3:00 PM	Break
3:00 PM – 4:00 PM	SMART Goals and Action Plans
4:00 PM – 4:45 PM	Practical Skills for Quality Meals Introduction
4:45 PM – 5:00 PM	Wrap Up/Review Next Day

Day 2 of ESTAR Virtual Workshop for Managers

1:00 PM – 1:15 PM	Ice Breaker/Recap Previous Day
1:15 PM – 3:15 PM	Practical Skills for Quality Meals
3:15 PM – 3:30 PM	Break
3:30 PM – 4:45 PM	Practical Skills for Quality Meals
4:45 PM – 5:00 PM	Wrap Up/Review Next Day

Day 3 of ESTAR Virtual Workshop for Managers

1:00 PM – 1:15 PM	Ice Breaker/Recap Previous Day
1:15 PM – 3:15 PM	Practical Skills for Quality Meals Goals and Action Plan Development
3:15 PM – 3:30 PM	Break
3:30 PM – 4:30 PM	Training Development
4:30 PM – 5:00 PM	Wrap Up/Next Steps with ESTAR