Use Ice Water for Effective Cooling

- **Fill a clean and sanitized container with ice then cover with water.**

- **Place shallow pans of food, uncovered, into the ice water. Ice should be level with the top of the pan, but not run over, into the food.**

- **Ensure even cooling by stirring or turning the food every 15 - 30 minutes. Use a chill stick to reduce cooling time.**

- **Drain the water and refresh ice as it melts.**

Always cool food safely.

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