TRANSITIONAL STANDARDS FOR MILK, WHOLE GRAINS, AND SODIUM:
THE BASICS FOR SCHOOL YEARS 2022–2023 AND 2023–2024

MILK

REQUIRED
Offer unflavored low-fat or nonfat milk

OPTION
Offer flavored, low-fat (1%) or flavored, nonfat

SODIUM

National School Lunch Program
NO CHANGE
for school year 2022–2023
(known as Target 1)

10% REDUCTION
for school year 2023–2024
(known as Target 1A)

School Breakfast Program
NO CHANGE
for school years 2022–2023 and 2023–2024 (known as Target 1)

WHOLE GRAINS

80% of grains offered must be whole grain-rich
(Containing at least 50% whole grains)

20% of the other grains offered must be enriched