

GROCERY SHOP THE SAFE WAY

Sanitize shopping cart before use.

Avoid foods that are past the “use by” or other expiration dates.

Choose unopened, intact, and clean food packages.

Select cans free from dents, bulges, and cracks.

Separate meat, poultry, seafood, and eggs from all other food and each other.

Pick up cold and frozen food last.

Separate cleaning supplies from food.

Use insulated containers to transport perishable food.



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