

STEP-IT-UP TO HANDWASHING SUCCESS



Step 1: Always begin by wetting hands with warm, running water.



Step 2: Apply soap.



Step 3: Vigorously scrub hands together for 20 seconds. Scrub the backs of hands, between fingers, and under nails.



Step 4: Rinse hands thoroughly under running water.



Step 5: Dry hands with a paper towel and use it to turn off faucets.



Step 6: Throw away the paper towel.



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