

iWASH HANDS!

Wash Hands Before:

Preparing and serving meals
Beginning of shift and leaving the facility
Changing tasks during food preparation

Wash Hands Before and After:

Treating a wound or a cut
Caring for children
Feeding children
Eating or drinking
Changing diapers
Helping in the restroom

Wash Hands After:

Touching raw meat, poultry, shellfish, or eggs
Taking breaks
Using the restroom
Sneezing, coughing, and wiping runny noses
Coming in contact with bloody fluids
Touching garbage
Participating in outdoor activities
Touching dirty dishes, equipment, or utensils
Handling pets, pet cages, or other pet objects



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