

# FRUITS AND VEGETABLES IN COLOR

## RED, PURPLE & BLUE



Beets



Blood Oranges



Cherries



Blueberries



Cranberries



Eggplants



Figs



Plums



Pomegranates



Radicchio



Radishes



Raspberries



Red Apples



Red Cabbage



Red Grapes



Red Leaf Lettuce



Red Onions



Red Pears



Red Peppers



Red Potatoes



Rhubarb



Strawberries



Tomatoes



Watermelons

## ORANGE & YELLOW



Apricots



Butternut Squash



Cantaloupes



Carrots



Grapefruits



Lemons



Mangos



Nectarines



Oranges



Papayas



Peaches



Pineapples



Rutabagas



Sweet Corn



Sweet Potatoes



Tangerines



Yellow Apples



Yellow Beets



Yellow Pears



Yellow Potatoes



Yellow Summer Squash



Yellow Tomatoes



Yellow Watermelons



Yellow Winter Squash

## GREEN



Artichokes



Asparagus



Avocados



Broccoli



Brussel Sprouts



Celery



Cucumbers



Green Apples



Green Beans



Green Cabbages



Green Grapes



Green Onions



Green Pears



Green Peppers



Honeydew Melons



Kiwi



Leafy Greens



Leeks



Lettuce



Limes



Okra



Peas



Spinach



Zucchini

## WHITE & BEIGE



Bananas



Brown Pears



Cauliflower



Coconuts



Daikon Radishes



Dates



Garlic



Ginger



Jerusalem Artichokes



Jicamas



Kohlrabi



Mushrooms



Navy Beans



Onions



Parsnips



Plantains



Rutabagas



Shallots



Turnips



White Asparagus



White Corn



White Nectarines



White Peaches



Yuca Root