Quantity

+ 2

# Euphoria Banh Mi Sandwich, South Carolina - Greenville

### GENERAL INFORMATION

Recipe #	
1703141	

Cucumber, with peel, raw

INGREDIENTS

10046210928

Carrots, raw

Vinegar, cider

Sugars, granulated

PREPARATION INSTRUCTIONS

HACCP Process: #2 - Same Day Service

often as needed per HACCP guidelines.

Name

Category Lunch Entree 🗳 Source Local

Quantity

20 lbs.

3 lbs

1 qt.

1 lbs

1 at.

1/2 C.

100 bun

2 lbs., 8 oz.



Health-e Pro MENU PLANNING

# Euphoria Banh Mi Sandwich

Serving	Yield
Size	100.00
1 Sandwich	

# **Nutrition Facts**

Serving Size

# 1 Sandwich (199 gm) Amount Per Serving Calories 329.366 % Daily Value\* Total Fat 11.662 gm 17.942 % Saturated Fat 2.489 gm 12.443 % Trans Fat 0.000\* gm Cholesterol 92.799 mg 30.933 %

32.059 %

49.107 %

38,174 %

1.75 %

6.911 %

12.83 %

9.317 %

6.8%

2 %

34.923 gm11.641 %

Dietary Fiber 2.386 gm 9.542 %

Total Sugars 6.441 gm

Includes 4.000\* of Added

Sodium 769.416 mg

Sugars

Protein 24.554\* am

Vitamin C 1.050\* mg

Vitamin D 0.400 mcg

Calcium 69.105 mg

Potassium 437.907 mg

Saturated Fat % of Calories

^ Indicates user added nutrient.

The % Daily Value (DV) tells you how much a nutrient in a serving of food

contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

\* Indicates missing Nutrient

Iron 2.309 mg

Information.

Vitamin A 1,908.717\* iu

Total Carbohvdrate

NOTE: THAW CHICKEN FOR 48 HOURS IN REFRIGERATOR AND HOAGIE ROLLS 1 DAY IN DRY STORAGE.

Please note,pans used in directions are based on 100 servings,plan accordingly based on number of servings!

Wash hands for 20 seconds in a hand sink,dry properly,and put on gloves before beginning preparation. Repeat process as

### Directions

1. Prepare the workstation by cleaning and sanitizing all areas.

Chicken Strips, Fajita, Dark Meat, 2M, 160/3.0oz, 30#, Tyson,

Mayonnaise, Reduced Calorie, 4/1gal, 33.33#, Ken's, KE0892

Roll, Hoagie, Whole Grain, Hinge Sliced, 5in, 120/2.1oz,

Sauce, Sriracha, 12/28oz, 21#, Huy Fong, SR28

15.75#, 2WG, Flowers Bakeries, 99809400

2. Gather all ingredients for preparation placing all TCS foods on an icebath to maintain temperature below 40F during prep and assembly.

3. Mix Thawed chicken with mayo and Sriracha sauce until well blended. Place in cooler or store on icebath to keep product temperature below 40 degrees.

4. Wash Cucumbers; drain washed produce in colander.

5. Using a Chef knife and cutting glove,rip the cucumbers in half from the top to the bottom. then remove end cuts and slice the cucumber halves into 1/8" pieces. Place in cooler or store on icebath to keep product temperature below 40 degrees.

6. Heat vinegar with granulated sugar to dissolve sugar.

7. Combine the prepared Cucumbers, Shredded Carrots, and vinegar mixture. Place in cooler or store on icebath to keep product temperature below 40 degrees.

8. For service: Record the time and temperatures of the cold chicken and the cold vegetables on the kitchen production record. Build sandwiches by placing a 4 oz. portion of the chicken mixture on each hoagie roll. Use a 2 oz spoodle to portion the vegetable mixture on top of each sandwich.

9. Serve immediately.

Serving:1 sandwich will provide 2 oz. meat/meat alternate, 2 oz. grain and 1/8 cup of vegetables. \*TCS Food

Meal Components

Component Measurement

### Euphoria Banh Mi Sandwich, South Carolina - Greenville - Recipe Health-e Pro Menu Planning

### MY SCHOOL MENUS

### IN USE AS A SUB RECIPE

### MENUS USING THIS RECIPE

### DATES

Last Updated 10-24-2024

Created 10-24-2024

Meat/Meat	2 oz
Alternates	
Whole Grain-Rich	2 oz
Additional	0.125 cups
Vegetables	

## Allergens

Eggs		
Milk		
Wheat		

### Vendors

Flowers Bakeries	
Huy Fong Foods	
Ken's Foods, Inc. 👕	
Tyson Foods, Inc.	