

## Pre-Assessment

Answer each multiple-choice question.

1. What medication treats anaphylaxis?
  - a. Antihistamines
  - b. Albuterol
  - c. Epinephrine
  - d. Acetaminophen
  - e. None of the above
  
2. According to current labeling laws, where must the eight major allergens be listed on the ingredient label?
  - a. Common name in the ingredient list
  - b. At the end as part of a “Contains” statement
  - c. In parenthesis after the ingredient
  - d. Only B
  - e. A, B, or C
  
3. Which of these foods is not one of the eight major allergens?
  - a. Wheat
  - b. Soy
  - c. Corn
  - d. Fish
  - e. Milk
  
4. When is a school nutrition program required to make accommodations for a child with a known food allergy?
  - a. When the teacher asks for a substitution
  - b. When the school nurse asks for a substitution
  - c. When a state licensed healthcare professional completes a form and lists the child as disabled from food allergies
  - d. The school nutrition staff doesn't have to make accommodations
  - e. All of the above
  
5. When should employees read food labels for food allergens?
  - a. Beginning of the school year
  - b. When product is received
  - c. Every school semester
  - d. Once a week
  - e. When there is a complaint

6. What method will remove food allergen residue from a prep table?
  - a. Wash with hot, soapy water, and friction
  - b. Wipe with a wet cloth
  - c. Sanitize the prep table
  - d. Rinse surface with clean water
  - e. Clean table if it looks dirty
  
7. What can be a symptom of an allergic reaction?
  - a. Difficulty breathing
  - b. Vomiting
  - c. Diarrhea
  - d. Widespread hives
  - e. Any of the above
  
8. Which of the following situations is an incidence of cross-contact?
  - a. Handling raw meat then handling fresh fruit without washing your hands in between
  - b. Storing raw chicken above lettuce
  - c. Placing unwashed fruit on a cutting board then using the same cutting board to cut washed fruit
  - d. Using the same spatula to get peanut butter and jelly from their containers, without washing in between
  - e. None of the above
  
9. Which one of these is an example of safely serving a child with food allergies Breakfast in the Classroom?
  - a. Wrap, label, and separate wheat-free bread from wheat bread
  - b. Put breakfast sandwiches with and without cheese on opposite sides of the same tray
  - c. Allow children to hand out breakfast food to other students
  - d. Have child with milk allergy scrap the cheese off their omelet
  - e. Provide all food items for breakfast in one container
  
10. Which of these statements is true?
  - a. Gluten-free and wheat-free foods are the same thing.
  - b. Celiac disease is an autoimmune disorder that involves the immune system in the small intestine.
  - c. People may be able to ingest some food-related to their food allergy.
  - d. Anaphylaxis is a non-life-threatening, allergic reaction that has a rapid onset.
  - e. Oysters, mussels, and clams fall under crustacean shellfish, as they are in the mollusk family for shellfish.