Resource List for Nutrition and Health Information

Suggestions for Use in Training

Use this handout for group training on nutrition education.

Do you want to start a walking program or a healthy weight plan? Do you need more information about a disease or health condition? Help is just a mouse click or a phone call away. Contact these organizations for helpful information. Many have local chapters in communities nationwide. Check your local phone directory for regional offices.

Resources

American Cancer Society
www.cancer.org
1-800-ACS-2345

American Dental Association
211 East Chicago Ave.
Chicago, IL 60611-2678
www.ada.org

American Diabetes Association
1701 North Beauregard Street
Alexandria, VA 22311
www.diabetes.org

Academy of Nutrition and Dietetics
120 South Riverside Plaza,
Suite 2000
Chicago, IL 60606
www.eatright.org

American Heart Association and American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
www.americanheart.org

America on the Move
www.americanonthevote.org

March of Dimes
1275 Mamaronck Avenue
White Plains, NY 10605
www.modimes.org

National Osteoporosis Foundation
1232 22nd Street, N.W.
Washington, D.C. 20037-1292
www.nof.org

The American Cancer, Diabetes, and Heart Associations jointly sponsor a Web site, Everyday Choices for a Healthier Life
www.everydaychoices.org

The Partnership to Promote Healthy Eating and Active Living
44 School St., Suite 325
Boston, MA 02108
www.ppheal.org
United States Department of Agriculture Food and Nutrition Service (USDA/FNS)
3101 Park Center Drive
Alexandria, VA 22302
www.fns.usda.gov

United States Department of Health and Human Services (US/DHHS)
200 Independence Ave., S.W.
Washington, D.C. 20201
www.hhs.gov