

Resource List for Nutrition and Health Information

Suggestions for Use in Training

Use this handout for group training on nutrition education. Do you want to start a walking program or a healthy weight plan? Do you need more information about a disease or health condition? Help is just a mouse click or a phone call away. Contact these organizations for helpful information. Many organizations have local chapters in communities nationwide. Check your local phone directory for regional offices.

Resources:

American Cancer Society

www.cancer.org
1-800-ACS-2345

American Diabetes Association

1701 North Beauregard St.
Alexandria, VA 22311
www.ada.org

American Dental Association

211 East Chicago Ave.
Chicago, IL 60611-2678
www.diabetes.org

Academy of Nutrition & Dietetics

120 South Riverside Plaza,
Suite 2000
Chicago, IL 60606
www.eatright.org

American Heart Association & American Stroke Association

National Center
7272 Greenville Avenue
Dallas, TX 75231
www.americanheart.org

America on the Move

www.americaonthemove.org

March of Dimes

1275 Mamaroneck Avenue
White Plains, NY 10605
www.modimes.org

National Osteoporosis Foundation

1232 22nd Street, N.W.
Washington, D.C. 20037-1292
www.nof.org

The American Cancer, Diabetes & Heart Associations

Jointly sponsor a website,
Everyday Choices for a
Healthier Life
www.everydaychoices.org

The Partnership to Promote Healthy Eating & Active Living

44 School St., Suite 325
Boston, MA 02108
www.ppheal.org

Resource List for Nutrition and Health Information, continued

**United States Department of
Agriculture Food & Nutrition Service
(USDA/FNS)**

3101 Park Center Drive
Alexandria, VA 22302
www.fns.usda.gov

**United States Department of
Health and Human Services
(US/DHHS)**

200 Independence Ave., S.W.
Washington, D.C. 20201
www.hhs.gov

Reference:

National Food Service Management Institute. (2005). *Nutrition 101: A taste of food and fitness*. University, MS: Author.

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<https://www.fns.usda.gov/civil-rights/usda-nondiscrimination-statement-other-fns-programs>

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