

## Reimbursable School Meal Pattern Answer Key

1. A food component in the School Lunch Program is:
  - a. an optional accommodation requiring a medical note.
  - b. a specific food offered for the student to select.
  - c. one of three food groups that comprise a reimbursable meal.
  - d. one of five food groups that comprise a reimbursable meal.
  
2. A food component in the School Breakfast Program is:
  - a. an optional accommodation requiring a medical note.
  - b. one of three food groups that comprise a reimbursable meal.
  - c. a specific food offered for the student to select.
  - d. one of five food groups that comprise a reimbursable meal.
  
3. A food item in the School Breakfast Program is:
  - a. an optional accommodation requiring a medical note.
  - b. a specific food offered for the student to select.
  - c. one of three food groups that comprise a reimbursable meal.
  - d. one of five food groups that comprise a reimbursable meal.
  
4. Choices in the school meal program are:
  - a. offering different food items within the same meal component.
  - b. required for the fruit and vegetable component.
  - c. considered an “extra” food item.
  - d. offered only at lunch but not at breakfast.

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## Reimbursable School Meal Pattern Answer Key, continued

5. School may offer vegetables at breakfast:
  - a. only after 1 cup of fruit has been offered.
  - b. no more than half of the required weekly fruit servings.
  - c. only to students who refuse the fruit option.
  - d. in place of fruits.
  
6. For the purpose of OVS, schools may offer fruit and milk smoothies:
  - a. as long as the smoothie is made using only 1 cup of fat-free unflavored milk.
  - b. as long as the smoothie is made with only juice and fruit.
  - c. as long as the milk in the smoothie is not the only variety of milk offered.
  - d. as long as the smoothie is only offered at breakfast as an “extra” food.
  
7. Dry beans or peas:
  - a. can be credited as a meat alternate or vegetable.
  - b. can only be served once a week.
  - c. can be served only at lunch.
  - d. cannot be credited due to little nutrient value.

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