

Reimbursable School Meal Pattern Pre-Assessment

Four-digit identifier

1. A food component in the School Lunch Program is:
 - a. an optional accommodation requiring a medical note.
 - b. a specific food offered for the student to select.
 - c. one of three food groups that comprise a reimbursable meal.
 - d. one of five food groups that comprise a reimbursable meal.

2. A food component in the School Breakfast Program is:
 - a. an optional accommodation requiring a medical note.
 - b. one of three food groups that comprise a reimbursable meal.
 - c. a specific food offered for the student to select.
 - d. one of five food groups that comprise a reimbursable meal.

3. A food item in the School Breakfast Program is:
 - a. an optional accommodation requiring a medical note.
 - b. a specific food offered for the student to select.
 - c. one of three food groups that comprise a reimbursable meal.
 - d. one of five food groups that comprise a reimbursable meal.

4. Choices in the school meal program are:
 - a. offering different food items within the same meal component.
 - b. required for the fruit and vegetable component.
 - c. considered an “extra” food item.
 - d. offered only at lunch but not at breakfast.

April 24, 2019

Reimbursable School Meal Pattern Pre-Assessment, continued

5. School may offer vegetables at breakfast:
 - a. only after 1 cup of fruit has been offered.
 - b. no more than half of the required weekly fruit servings.
 - c. only to students who refuse the fruit option.
 - d. in place of fruits.

6. For the purpose of OVS, schools may offer fruit and milk smoothies:
 - a. as long as the smoothie is made using only 1 cup of fat-free unflavored milk.
 - b. as long as the smoothie is made with only juice and fruit.
 - c. as long as the milk in the smoothie is not the only variety of milk offered.
 - d. as long as the smoothie is only offered at breakfast as an “extra” food.

7. Dry beans or peas:
 - a. can be credited as a meat alternate or vegetable.
 - b. can only be served once a week.
 - c. can be served only at lunch.
 - d. cannot be credited due to little nutrient value.

April 24, 2019