



Fluid Milk

in School Meals

Requirements

BREAKFAST

	Daily	Weekly
Grades K-5	1 Cup	5 Cups
Grades 6-8	1 Cup	5 Cups
Grades 9-12	1 Cup	5 Cups

LUNCH

	Daily	Weekly
Grades K-5	1 Cup	5 Cups
Grades 6-8	1 Cup	5 Cups
Grades 9-12	1 Cup	5 Cups

Creditable Food Sources for Reimbursable School Meals

Low-Fat (1%) Milk

Fat-Free Milk

Unflavored

Flavored

Please check with your State agency regarding menu planning flexibilities and what is applicable in your state.



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