Innovative Menu Planning with the Food Buying Guide (FBG) Web-Based Tool

Gwendolyn Holcomb
Lead Program Analyst

Bethany Showell
Nutritionist

Debra Eisenbarth
Nutritionist

United States Department of Agriculture
Overview

• What is the Food Buying Guide (FBG)
• Progression of the FBG
• Using the USDA’s Food Buying Guide for Child Nutrition Programs (FBG) Interactive Web-Based Tool
• Using the Recipe Analysis Workbook (RAW)
What is the Food Buying Guide (FBG)?

• Authoritative source of food yield information for all Child Nutrition Programs (CNP)

• Provides information for:
  • Purchasing the required quantities of foods
  • Determining contribution toward the meal pattern requirements
FBG Through the Years

THEN

NOW

Coming Soon
Downloadable FBG
1947 - Quantities of Food for Serving School Lunches (Program Aid 45)

✓ The Bureau of Human Nutrition and Home Economics, ARS

✓ Designed for preparing large quantities of food.
FBG Through the Years

- **1955-1979** - Food Buying Guide for Type A School Lunches (Program Aid 270)
  
  - Data compiled by USDA agencies and Fish and Wildlife Service
  - Yield data obtained from:
    - food service facilities
    - food processors
    - some laboratory testing
FBG Through the Years

- **1984** – *Food Buying Guide for Child Nutrition Programs* (Program Aid 1331)

  - New yield data based on laboratory testing
  - Publication compiled by the Food and Nutrition Service, the National Marine Fisheries Service and Human Nutrition Information Service
1996 – Food Buying Guide for Child Nutrition Programs

✓ Request to update and add new foods
✓ Yield studies conducted more than 500 foods
✓ 2001- FBG fully revised and newly designed
2012 – Food Buying Guide for Child Nutrition Programs

- USDA, published new meal patterns for school meals
- Required separation of the fruit and vegetable components
- Includes vegetable subgroups
FBG Through the Years

One Centralized Food Buying Guide for ALL Child Nutrition Programs!!!
Questions
How to use the Food Buying Guide Interactive Web-Based Tool

https://foodbuyingguide.fns.usda.gov/
Find Link at FBG Home Page on Team Nutrition Resource Library

Log in directly:
https://foodbuyingguide.fns.usda.gov/

Food Buying Guide for School Meal Programs

The Food Buying Guide for Child Nutrition Programs is being updated, in phases, to include resources for the new Nutrition Standards for School Meals. For more information, please see the recent changes and updates.


Flyer: (PDF)

The files, below, have been issued for School Meal Programs and others are in progress. For additional information on grain requirements in School Meals, please refer to SP30-2012.

- Grains
- Separation of Vegetables/Fruits
- Meat/Meat Alternates
- Milk
- Fruits
- Vegetables by Subgroup - Additional
- Vegetables by Subgroup - Beans & Peas
- Vegetables by Subgroup - Red/Orange
- Vegetables by Subgroup - Dark Green
- Vegetables by Subgroup - Starchy
- Vegetables by Subgroup - Other
- Additional Yield Information
- Recipe Analysis Worksheet (RAW)
Interactive Food Buying Guide- Login

The interactive Food Buying Guide allows for easy searching, navigating, and displaying of content. In addition, users can compare yield information, create a favorite foods list, and access the Recipe Analysis Workbook (RAW).

Login or Create a Profile

Create a profile in order to create and save your recipes by using the Recipe Analysis Workbook. In addition, you can save food items to your own favorites list.

OR

Continue as a Guest User

Select Organization Type

Enter
Register for USDA E-Auth Level - 1

Register for Your Account - Level 1

Step 1 of 4: Level 1 Access Account Registration

USDA customers should complete the information below to create a USDA eAuthentication account. Please read the eAuthentication Privacy Act Statement and Public Burden Statement for more information on how your personal information will be protected.

All required fields are red and marked by an asterisk (i.e., *). Enter your first and last name exactly as it appears on your Government issued photo ID (e.g., state driver’s license).

Note: The characters < > ^ : are not allowed on this form (the character : is allowed for password only).

User Information

First Name*
Middle Initial
Last Name*
Suffix

Contact Information

Email*
Confirm Email*

Login Information

Use ID*
Password*

eAuthentication: FYI - Instructions to Activate Your USDA Account With Level 1 Access

DoNotReply.JCAM@ocio.usda.gov

to me

Please do not reply to this email. For assistance see below.

Step 4 of 4 - Instructions to Activate Your USDA Account with Level 1 Access

Congratulations Kayeya78, you have successfully created a USDA eAuthentication account with Level 1 access.

Before you can use your account with Level 1 access you must do the following:

1. Please wait approximately 10 minutes from the receipt of this email before you activate your account with Level 1 access.

2. Click ACTIVATE MY ACCOUNT

NOTE: If you have trouble accessing your activation link above, please copy and paste the following URL into your browser address bar:

https://www.eauth.usda.gov/registration/selfRegistrationActivation.aspx?id=QB4D485E3A03A95DA4D4ADEFD0C37

The User Experience is: Great