



Use a Chill Stick to Speed Cooling

- **Wash and sanitize the ice paddle. Allow to air dry.**
- **Fill with clean water.**
- **Place on tray in freezer overnight.**
- **Place paddle into food that has cooled to 135 °F in refrigerator, freezer, or ice water.**
- **Ensure even cooling by stirring or turning the food every 15 - 30 minutes.**
- **Once the ice has melted in the chill stick, remove it from the food and replace with a frozen one.**



Always cool food safely.



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