



# Use Effective Cooling Methods

- **Separate food into smaller portions and place in shallow containers.**
- **Place food in shallow pans no more than 2 inches deep.**
- **Loosely cover food or cool food uncovered if protected from overhead contamination.**
- **Use chill sticks/ice paddles and ice water baths.**
- **Pre-chill ingredients used for making salads and other ready-to-eat foods.**
- **Use a blast chiller, if available.**



**Always cool food safely.**



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