

ADAPTING MENU PLANNING FOR SCHOOL MEALS

School nutrition programs are continuously adapting their operations to provide healthy and appealing meals that encourage student participation. If you are looking for the best ways to adapt your menu planning, these strategies may assist with addressing the challenges caused by supply and food shortages. Add more tips in the spaces as you adopt new strategies in your day to day operations.

Menu Planning Changes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TIP 1 Purchase more heat-and-serve items for Grab-and-Go offerings	TIP 2 Optimize stock keeping units by creating multiple meals using the same food items	TIP 3 Use shorter cycle menus	TIP 4 Keep the inventory balanced	TIP 5 Incorporate more speed-scratch recipes
TIP 6 Use substitution-friendly entrée choices	TIP 7 Increase use of commodities to make creative vegetable or fruit side dishes	TIP 8 Provide consistent flavor and appearance for each meal	TIP 9 Reduce or eliminate à la carte items	TIP 10
TIP 11	TIP 12	TIP 13	TIP 14	TIP 15

This project was funded using U.S. Department of Agriculture grant funds. The USDA is an equal opportunity provider, employer, and lender.

The University of Mississippi is an EEO/AA/Title VI/Title IX/Section 504/ADA/ADEA employer.

For more information and the nondiscrimination statement in other languages:
<https://www.fns.usda.gov/cr/fns-nondiscrimination-statement>

Except as provided below, you may freely use the text and information contained in this document for non-profit or educational use with no cost to the participant for the training providing the following credit is included. These materials may not be incorporated into other websites or textbooks and may not be sold.

Suggested Reference Citation:
 Institute of Child Nutrition. (2022). *Adapting menu planning for school meals*. University, MS: Author.

The photographs and images in this document may be owned by third parties and used by the University of Mississippi under a licensing agreement. The university cannot, therefore, grant permission to use these images. Please contact helpdesk@theicn.org for more information.

© 2022, Institute of Child Nutrition, The University of Mississippi, School of Applied Sciences

08/18/2022

