

HOW TO PROPERLY WASH YOUR HANDS

Use soap and running water.



Lather hands with soap up to elbows and scrub for 10-15 seconds.



Wash backs of hands, wrists, between fingers, and under fingernails.



Rinse hands under running water.



Dry hands with paper towel or air dryer.



**Turn off water with paper towel.
Use it to open the door,
and then discard it into trash can.**



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