

## “Picture This” Communication Activity

### Suggestions for Use in Training

School nutrition directors, managers, or anyone providing training to employees may use this case study group activity to illustrate the importance of communication.

### Preparation for the Activity

- Instruct participants to get into teams of two.
- Ask each team to determine who will be the listener and who will be the speaker.
- Give each speaker a copy of the activity handout and each listener a blank piece of paper.
- Make sure the listener does not see the picture.

### Activity Directions

#### SAY:

Here are the rules. The speaker must describe the picture they see on the handout. The listener must try to draw the picture being described without peeking. Speakers, you may describe the picture however you want. Listeners, you may ask questions for clarification. You have 3 minutes to complete the activity.

#### ASK:

Does anyone have any questions about the rules?

#### DO:

After 3 minutes, ask everyone how they perform and compare the results. Discuss how difficult it was to follow directions.

#### SAY:

If we all work hard to improve our communication skills, both speaking and listening, we can have a positive impact on our operation.

#### Additional Handout:

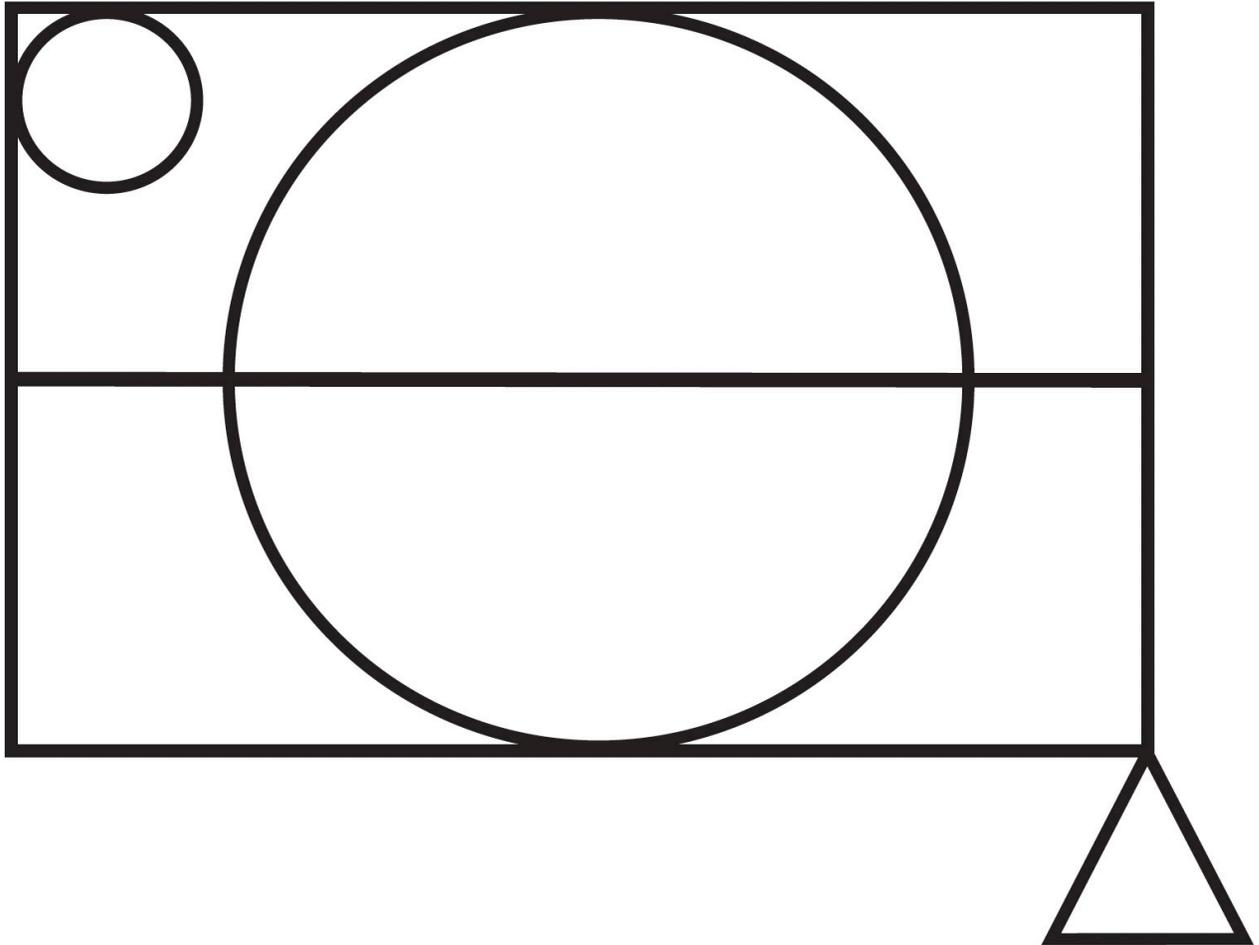
The Four *C*'s of Communication

#### Reference:

National Food Service Management Institute. (2008). *Growing your professional skills*. University, MS: Author.

# “Picture This” Communication Activity, continued

## PICTURE DIAGRAM



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