



Fluid Milk Component

Minimum Requirements for Schools

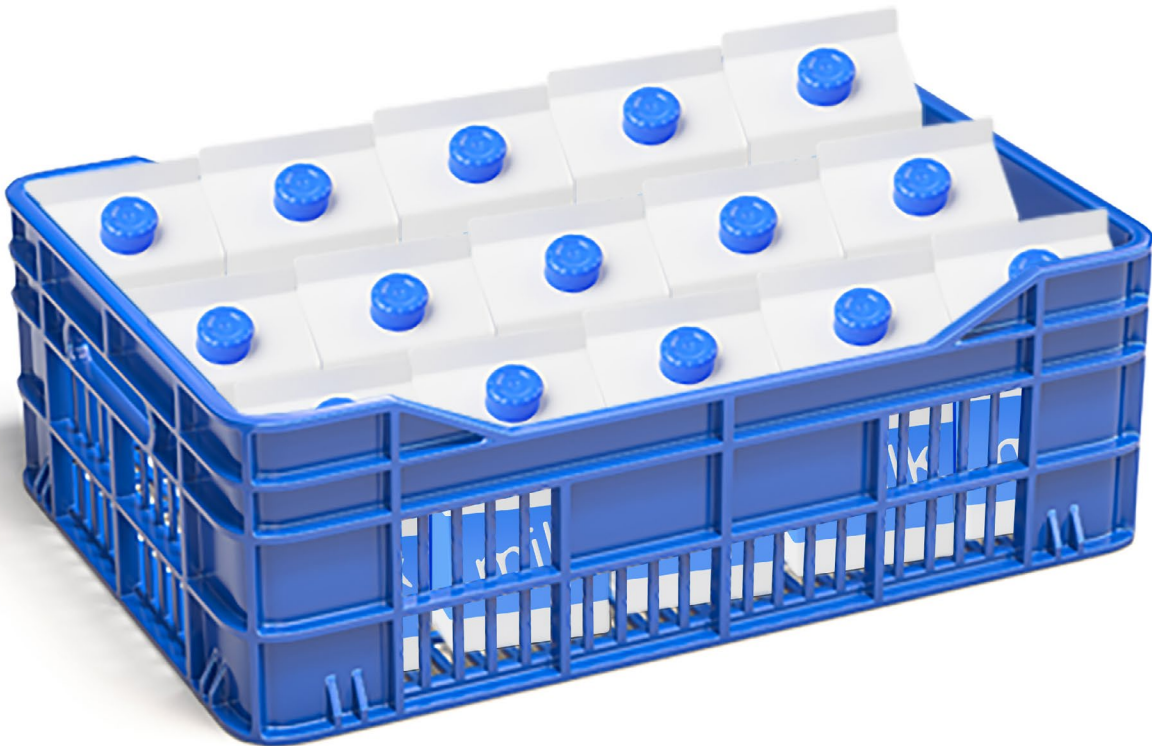
BREAKFAST

Grades	Daily	Weekly
K-5	1 cup	5 cups
6-8	1 cup	5 cups
9-12	1 cup	5 cups

LUNCH

Grades	Daily	Weekly
K-5	1 cup	5 cups
6-8	1 cup	5 cups
9-12	1 cup	5 cups

- All fluid milk must be fat-free (skim) or low-fat (1% fat or less).
- Milk may be unflavored or flavored, provided that unflavored milk is offered at each meal service.



This project was funded using U.S. Department of Agriculture grant funds. The USDA is an equal opportunity provider, employer, and lender.

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Suggested Reference Citation:

Institute of Child Nutrition. (2023). *Meal pattern mini-poster: Fluid milk component*. University, MS: Author.

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02/28/2023