



Fluid Milk Component

Minimum Requirements for Schools

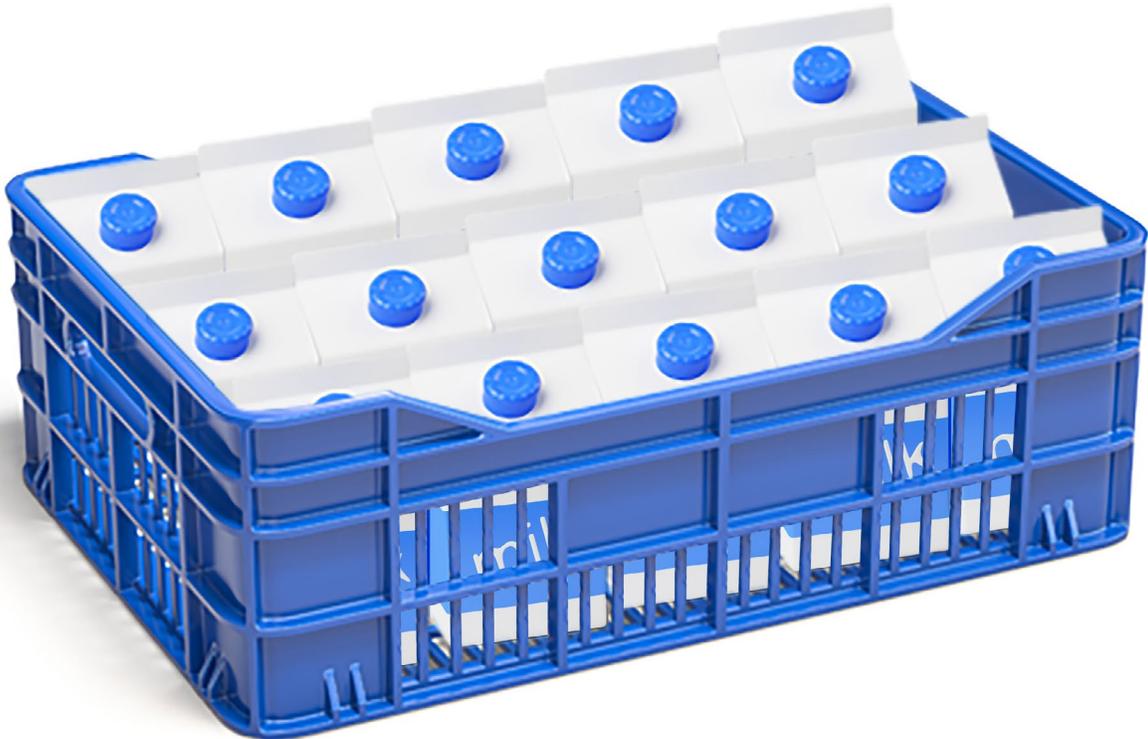
BREAKFAST

Grades	Daily	Weekly
K-5	1 cup	5 cups
6-8	1 cup	5 cups
9-12	1 cup	5 cups

LUNCH

Grades	Daily	Weekly
K-5	1 cup	5 cups
6-8	1 cup	5 cups
9-12	1 cup	5 cups

- All fluid milk must be fat-free (skim) or low-fat (1% fat or less).
- Milk may be unflavored or flavored, provided that unflavored milk is offered at each meal service.



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