

Innovative Menu Planning with the Food Buying Guide (FBG) Web-Based Tool



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Gwendolyn Holcomb
Lead Program Analyst

Bethany Showell
Nutritionist

Debra Eisenbarth
Nutritionist



Overview

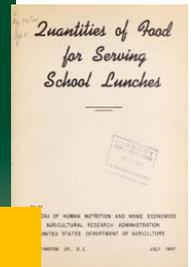
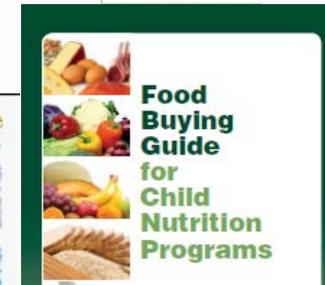


- **What is the Food Buying Guide (FBG)**
- **Progression of the FBG**
- **Using the USDA's Food Buying Guide for Child Nutrition Programs (FBG) Interactive Web-Based Tool**
- **Using the Recipe Analysis Workbook (RAW)**

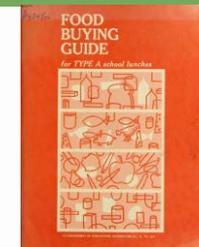


What is the Food Buying Guide (FBG)?

- Authoritative source of food yield information for all Child Nutrition Programs (CNP)
- Provides information for:
 - Purchasing the required quantities of foods
 - Determining contribution toward the meal pattern requirements



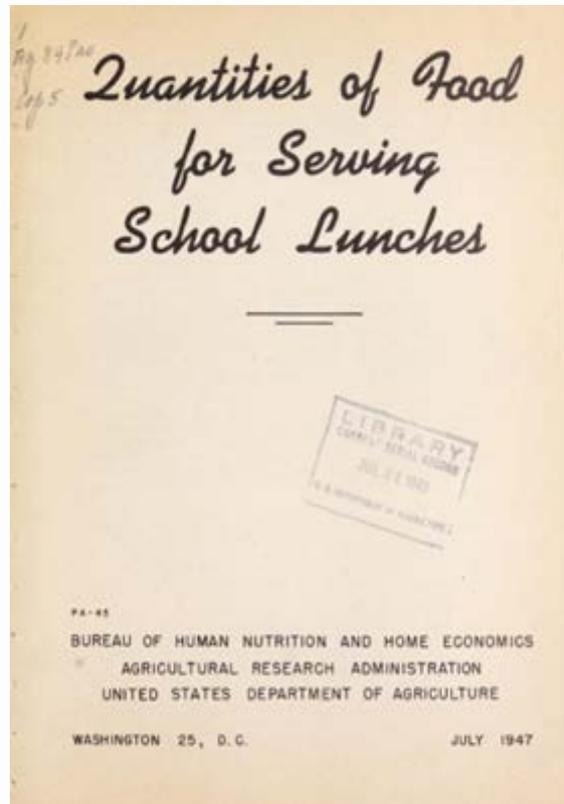
Coming Soon
Downloadable FBG



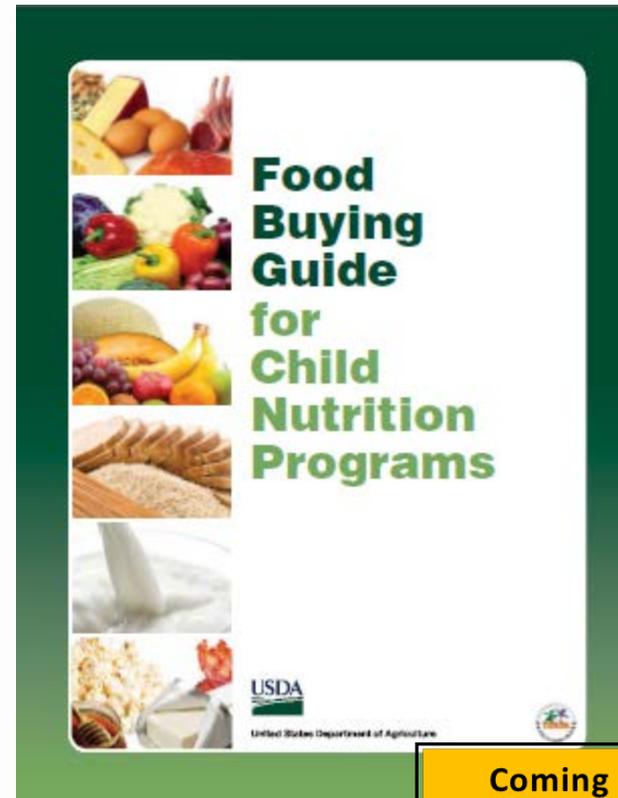
FBG Through the Years



NOW



THEN



Coming Soon
Downloadable FBG

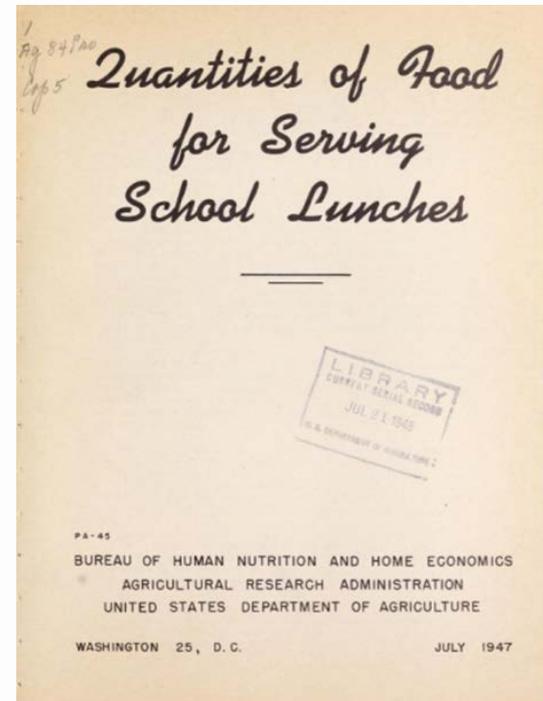


FBG Through the Years



❖ 1947 - Quantities of Food for Serving School Lunches (Program Aid 45)

- ✓ The Bureau of Human Nutrition and Home Economics, ARS
- ✓ Designed for preparing large quantities of food.

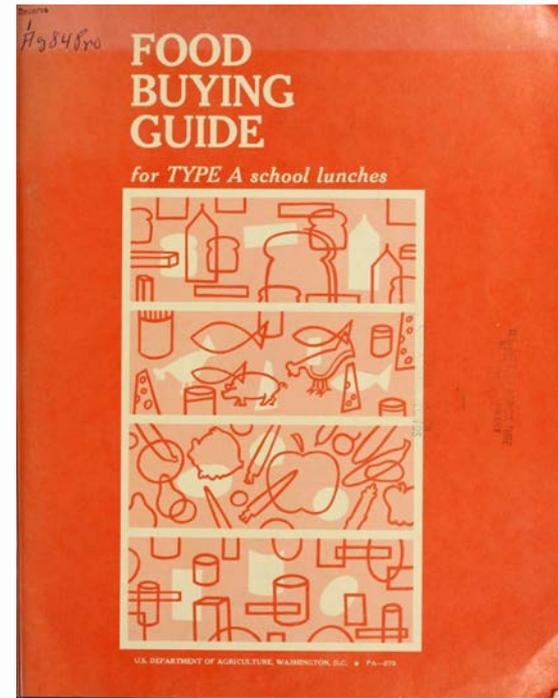


FBG Through the Years

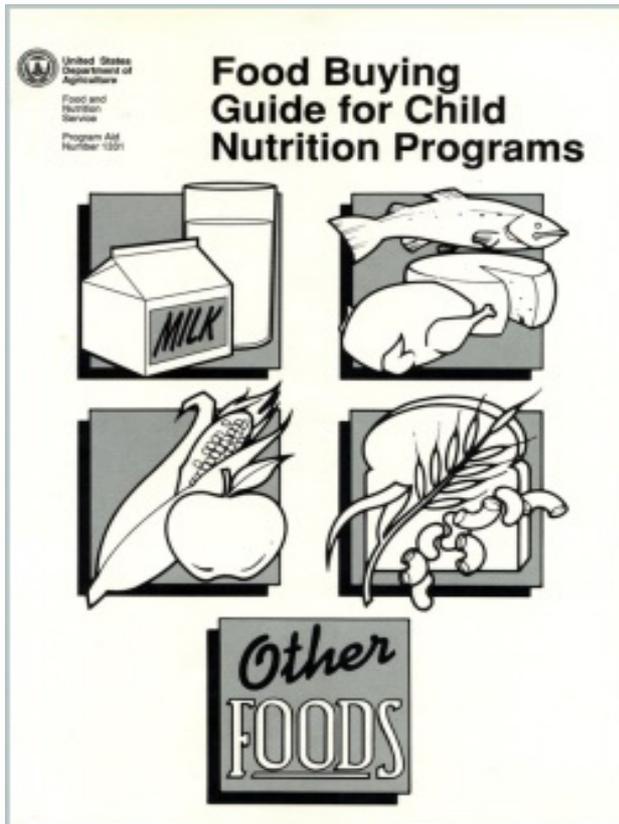


❖ 1955-1979 - Food Buying Guide for Type A School Lunches (Program Aid 270)

- ✓ Data compiled by USDA agencies and Fish and Wildlife Service
- ✓ Yield data obtained from:
 - food service facilities
 - food processors
 - some laboratory testing



FBG Through the Years



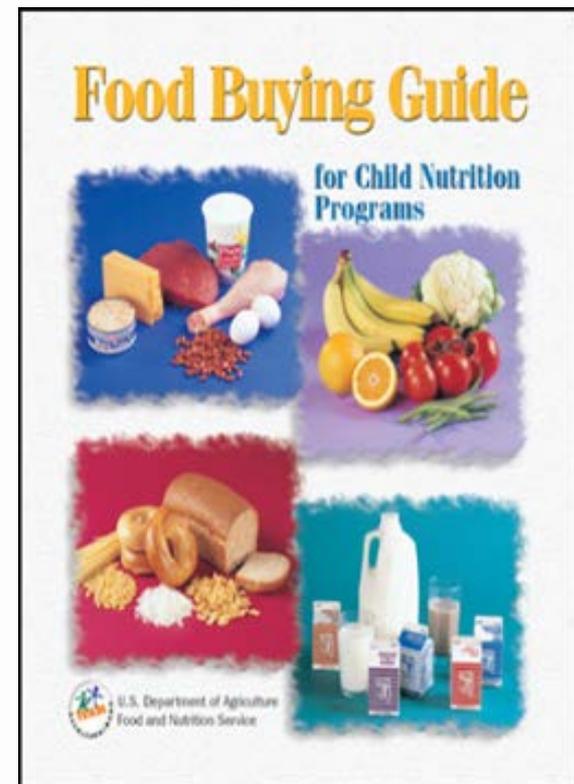
❖ 1984 – Food Buying Guide for Child Nutrition Programs (Program Aid 1331)

- ✓ New yield data based on laboratory testing
- ✓ Publication compiled by the Food and Nutrition Service, the National Marine Fisheries Service and Human Nutrition Information Service

FBG Through the Years



- ❖ **1996** – Food Buying Guide for Child Nutrition Programs
 - ✓ Request to update and add new foods
 - ✓ Yield studies conducted more than 500 foods
 - ✓ 2001- FBG fully revised and newly designed



FBG Through the Years



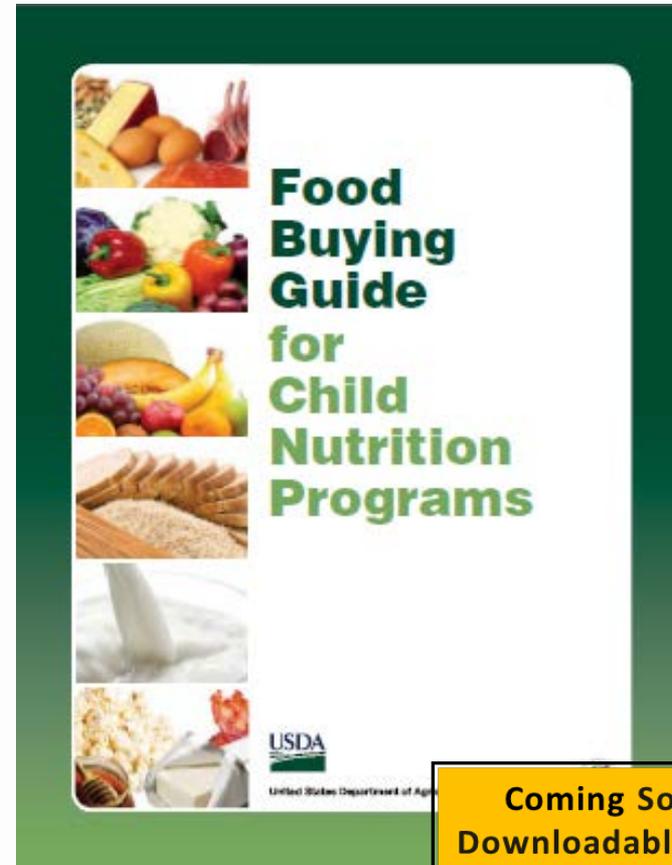
❖ **2012** – Food Buying Guide for Child Nutrition Programs

- ✓ USDA, published new meal patterns for school meals
- ✓ Required separation of the fruit and vegetable components
- ✓ Includes vegetable subgroups

FBG Through the Years



**One Centralized
Food Buying
Guide
for
ALL Child
Nutrition
Programs!!!**

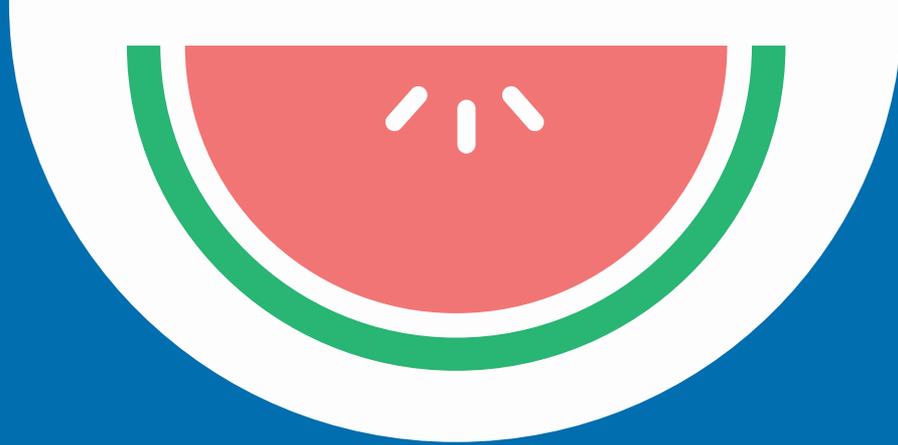


**Coming Soon
Downloadable FBG**





Questions



How to use the Food Buying Guide Interactive Web-Based Tool



<https://foodbuyingguide.fns.usda.gov/>



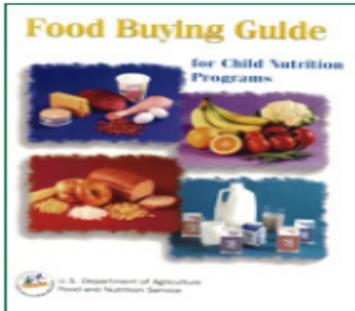
United States Department of Agriculture

<https://www.fns.usda.gov/tn/team-nutrition>



Food Buying Guide for Child Nutrition Programs

Print



The Food Buying Guide for Child Nutrition Programs has all of the current information in one manual to help you and your purchasing agent 1) buy the right amount of food and the appropriate type of food for your program(s), and 2) determine the specific contribution each food makes toward the meal pattern requirements. You can print the entire manual, individual sections, or just updated pages to insert into your 2001 print copy.

The Food Buying Guide is being updated in phases to include resources for the new Nutrition Standards for School Meals. The *Food Buying Guide for School Meal Programs* includes an introduction, appendixes, and information on Meat/Meat Alternates, Vegetables/Fruits, Grains/Breads, Milk, and Other Foods.

CACFP has updated meal patterns that go into effect no later than October 1, 2017. Under these new requirements, grain-based desserts can no longer count towards the grains component in a reimbursable meal or snack. Grain-based desserts are defined using the Exhibit A in the memorandum *CACFP 16-2017: Grain-Based Desserts in the Child and Adult Care Food Program*. When transitioning to the updated meal patterns, CACFP operators should refer to the Exhibit A in CACFP 16-2017, not the Exhibit A found in the Food Buying Guide below.

Printed: November 2001

Revised: January 2008

Available: only in PDF

Available: [The new Web-based Interactive Food Buying Guide](#)

Flyer: (PDF)

Also available: [Online Food Buying Guide Calculator for Child Nutrition Programs](#)

Find Link at FBG Home Page on Team Nutrition Resource Library

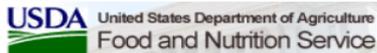
Log in directly:

<https://foodbuyingguide.fns.usda.gov/>





<https://www.fns.usda.gov/tn/food-buying-guide-school-meal-programs>



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Food Buying Guide for School Meal Programs [Print](#)

The [Food Buying Guide for Child Nutrition Programs](#) is being updated, in phases, to include resources for the new Nutrition Standards for School Meals. For more information, please see the [recent changes and updates](#).

Now Available: [The new Web-based Interactive Food Buying Guide](#)

Find Link at FBG for School Meals Webpage

Flyer: (PDF)

The files, below, have been issued for School Meal Programs and others are in progress. For additional information on grain requirements in School Meals, please refer to [SP30-2012](#).

- [Grains](#)
- [Separation of Vegetables/Fruits](#)
- [Meat/Meat Alternates](#)
- [Milk](#)
- [Fruits](#)
- [Vegetables by Subgroup - Additional](#)
- [Vegetables by Subgroup - Beans & Peas](#)
- [Vegetables by Subgroup - Red/Orange](#)
- [Vegetables by Subgroup - Dark Green](#)
- [Vegetables by Subgroup - Starchy](#)
- [Vegetables by Subgroup - Other](#)
- [Additional Yield Information](#)
- [Recipe Analysis Worksheet \(RAW\)](#)



Interactive Food Buying Guide- Login



USDA
United States
Department of
Agriculture

**Food Buying Guide
for Child Nutrition Programs**

Food Buying Guide for Child Nutrition Programs Interactive Online Tool

The interactive Food Buying Guide allows for easy searching, navigating, and displaying of content. In addition, users can compare yield information, create a favorite foods list, and access the Recipe Analysis Workbook (RAW).

Login or Create a Profile



Create a profile in order to create and save your recipes by using the Recipe Analysis Workbook. In addition, you can save food items to your own favorites list.

OR

Continue as a Guest User

Select Organization Type



Enter



United States Department of Agriculture



Register for USDA E-Auth Level - 1

Register for Your Account - Level 1

Form Approved OMB No. 0503-0014

Step 1 of 4 - Level 1 Access Account Registration

USDA customers should complete the information below to create a USDA eAuthentication account. Please read the eAuthentication [Privacy Act Statement](#) and [Public Burden Statement](#) for more information on how your personal information will be protected.

All required fields are **red** and marked by an asterisk (i.e. *). Enter your first and last name exactly as it appears on your Government issued photo ID (e.g. state driver's license).

Note: The characters < > ^ : | are not allowed on this form (the character : is allowed for password only).

User Information

Required Field*

First Nam e*

Middle Initial

Last Nam e*

Suffix

Contact Information

Email*

Confirm Email*

Login Information

User ID*

Password*

eAuthentication: FYI - Instructions to Activate Your USDA Account With Level 1 Access

Inbox x

DoNotReply.ICAM@ocio.usda.gov

to me

*** Please do not reply to this email. For assistance see below ***

Step 4 of 4 - Instructions to Activate Your USDA Account with Level 1 Access

Congratulations Kayaya76, you have successfully created a USDA eAuthentication account with Level 1 access.

Before you can use your account with Level 1 access you must do the following:

1. Please wait approximately 10 minutes from the receipt of this email before you activate your account with Level 1 access.
2. Click [ACTIVATE MY ACCOUNT](#)

NOTE: If you have trouble accessing your activation link above, please copy and paste the following URL into your browser address bar:

<https://www.eauth.usda.gov/registration/selfRegistrationActivation.aspx?ID=CB4D448E3AD943CA95DAADA0BF0BC37>



Login Screen



HOME ▾ MEAL COMPONENTS ▾ FOOD ITEMS ▾ TOOLS ▾ APPENDIXES ▾ HELP ▾ WELCOME ANN HALL ▾

Create User Profile

Asterisks (*) denote required information.

First Name	<input type="text" value="Ann"/>	Last Name	<input type="text" value="Hall"/>
Organization Type *	<input type="text" value=""/>	Organization Name	<input type="text" value=""/>
Title	<input type="text" value=""/>	Email Address *	<input type="text" value="dhall87419@aol.com"/>
State / Territory	<input type="text" value="Not Selected"/>		

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