



# Food Buying Guide

## Food Buying Guide for Child Nutrition Programs

### Technological Resources



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United States Department of Agriculture

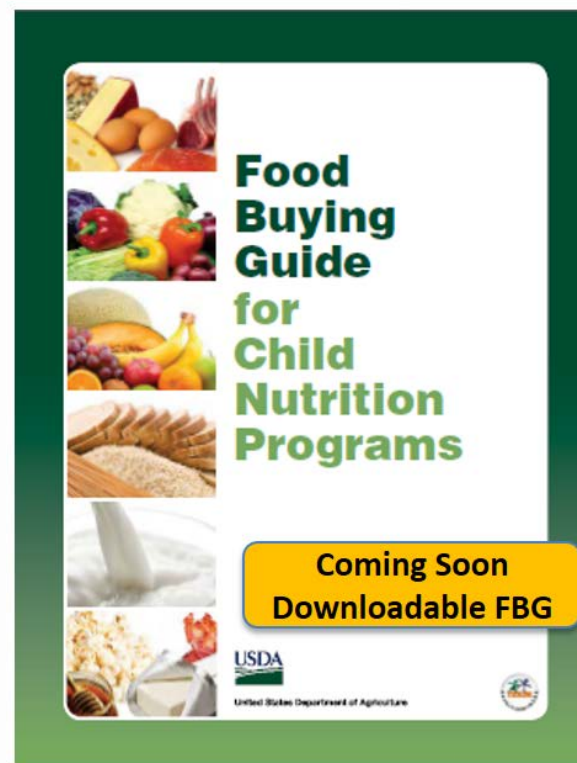
## Overview

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- ❖ **What is the Food Buying Guide (FBG)?**
- ❖ **FBG- Then and Now**
- ❖ **Demonstration:**
  - ❖ **FBG Mobile App**
- ❖ **USDA Standardized Recipes**

# What is the Food Buying Guide (FBG)?

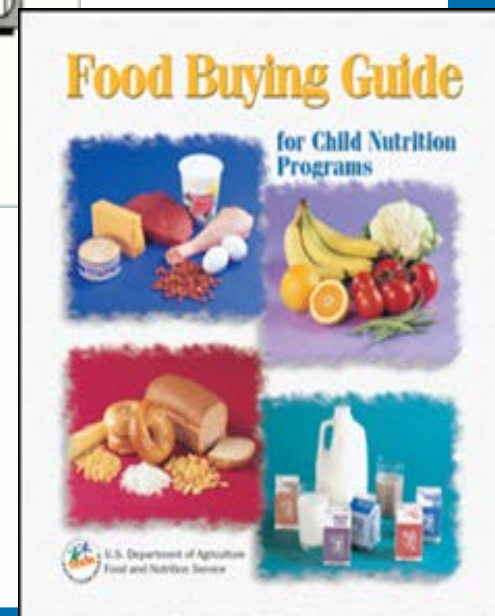
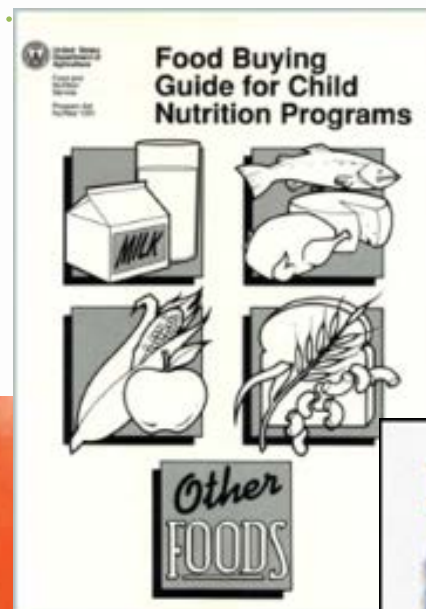
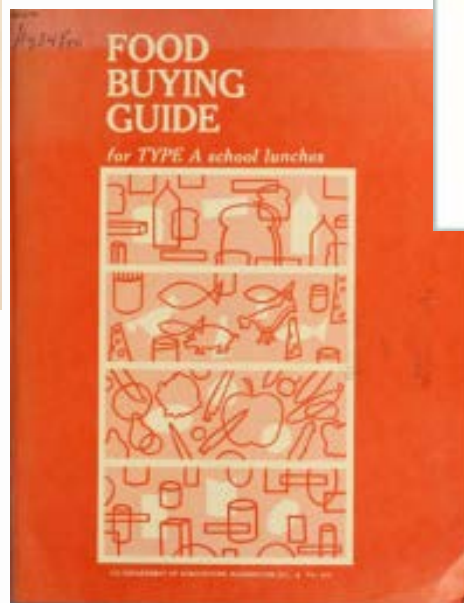
- ❖ **Authoritative source of food yield information for all Child Nutrition Programs (CNP)**
- ❖ **Provides information for:**
  - ✓ Purchasing the required quantities of foods
  - ✓ Determining contribution toward the meal pattern requirements



## FBG Through the Years



**THEN**



# Food Buying Guide Goes Digital!



**NOW**





# Food Buying Guide

## Food Buying Guide Interactive Web-Based Tool

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<https://foodbuyingguide.fns.usda.gov/>



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The **Food Buying Guide for Child Nutrition Programs** has all of the current information in one manual to help you and your purchasing agent:

- Buy the right amount of food and the appropriate type of food for your program(s)
- Determine the specific contribution each food makes toward the meal pattern requirements.



## The Food Buying Guide Goes Digital!

The Web-based **Interactive Food Buying Guide**  you to: easily search and navigate food yields, compare food yields, and create and save favorite foods lists. It also includes:

- The Interactive Product Formulation Statement Workbook, allowing manufacturers to easily calculate their product's contribution statement and generate crediting documentation.
- The Recipe Analysis Workbook, which helps program operators determine the meal pattern contribution for recipes! Easily search for creditable ingredients, calculate the meal pattern contribution, and print a contribution statement.





# Food Buying Guide for Child Nutrition Programs

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## Food Buying Guide for Child Nutrition Programs Interactive Web-Based Tool

The interactive Food Buying Guide allows for easy searching, navigating, and displaying of content. In addition, users can compare yield information, create a favorite foods list, and access tools, such as the Recipe Analysis Workbook (RAW) and the Product Formulation Statement Workbook.

Create a profile in order to save the following: food items in your Favorites list, analyzed recipes using the RAW, and Product Formulation Statements.

**PLEASE NOTE:** A Level 1 USDA eAuthentication account is needed to access the tool. New and existing users who have Level 1 access can proceed to the tool by clicking on the '*Login or Create a Profile*' button.

Please click [here](#) to create your Level 1 eAuth access account. You will immediately receive an email with a link to activate your account with one simple click.

Contact [cnptab@fns.usda.gov](mailto:cnptab@fns.usda.gov) for assistance in accessing the site.

Login or Create a Profile

**OR**

Continue as a Guest User

Select Organization Type



Enter

<https://foodbuyingguide.fns.usda.gov>





# Food Buying Guide for Child Nutrition Programs

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## WELCOME TO THE FOOD BUYING GUIDE

The Interactive Food Buying Guide allows for easy display, search, and navigation of food yield information. In addition, users can compare yield information, create a favorite foods list, and access tools, such as the Recipe Analysis Workbook (RAW) and the Product Formulation Statement Workbook.

[Food Items Search](#)

[Recipe Analysis Workbook \(RAW\)](#)

[Product Formulation Statement \(PFS\)](#)

[Download Food Buying Guide](#)



MEATS/MEAT ALTERNATES



FRUITS



MILK



VEGETABLES



GRAINS



OTHER FOODS

# Recipe Analysis Workbook (RAW)

Recipe Name \* Porcupine Sliders

Servings per Recipe \* 50

Recipe Number \* F-10r

Serving Size \* 1 slider

Select Creditable Ingredient

Vegetables

Fruit

Meats/MA

Grains - Method A

Grains - Method B

Grains - Method C

Meal Pattern Contribution



Vegetables

Dark Green Vegetables

$\frac{1}{8}$  cup



Vegetables

Other Vegetables

$\frac{1}{8}$  cup



Fruit

$\frac{1}{4}$  cup



Meats/Meat Alternates

2.00 oz eq



Grains

1.00 oz eq

1 slider provides  $\frac{1}{8}$  cup dark green vegetable,  $\frac{1}{8}$  cup other vegetable,  $\frac{1}{4}$  cup fruit, 2.00 oz eq meats/meat alternates, 1.00 oz eq grains

# Product Formulation Statement (PFS) Workbook

**Product Name:** Wheat Smile Pancakes  
**Serving Size:** 2 pancakes - 50g (1.75oz)

**Product Code:** 14005  
**Date:** 11/29/2017

## Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: ☒

Does this product contain non-creditable grains: ☐

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Enrich flour (22%)	Group C	11.00 g	16.00 g	<b>0.6875 oz eq.</b>
Whole Wheat Flour (47%)	Group C	23.50 g	16.00 g	<b>1.4687 oz eq.</b>
Total Grains Based on Grams of Creditable Grains Creditable Amount:				<b>2.00 oz eq.</b>

## Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **2 pancakes - 50g (1.75oz)** ounce serving of the above product (ready for serving) provides **2.00** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Title

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Phone Number

## Archived Webinars

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### **1. Innovative Menu Planning with the Food Buying Guide Web-Based Tool!**

<http://teamup.theicn.org/download/team-up-thursday-oct-26-2017-team-up-for-innovative-menu-planning-with-the-food-buying-guide-web-based-tool/>

### **2. Food Buying Goes Digital (coming soon!)**

<https://www.fns.usda.gov/tn/webinars-and-training>



# Training Videos



## Food Buying Guide for Child Nutrition Programs

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## Training Video

User Guide

Training Video

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Frequently Asked Questions

[Chapter 2: Navigating via Home Page Buttons](#)

[Chapter 3: Recipe Analysis Workbook and Product Formulation Statement](#)

[Chapter 4: Navigating via Top Navigation Menu](#)

[Training Video Transcript](#)

### Chapter 1: Introduction



USDA Food and Nutrition Service  
Food Buying Guide for Child Nutrition Programs  
Interactive Web-based Tool

Registered User Training





# Food Buying Guide

## Food Buying Guide Mobile App

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United States Department of Agriculture



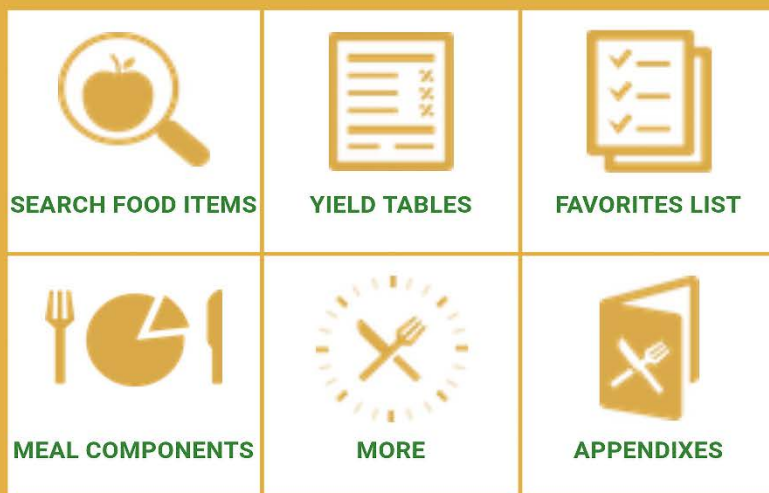
## Who Has Downloaded the FBG APP?

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- ❖ I have downloaded on my Apple device
- ❖ I have downloaded on my Android device
- ❖ I know about the FBG App, but I haven't downloaded
- ❖ I didn't know about the App

# FOOD BUYING GUIDE FOR CHILD NUTRITION PROGRAMS

## What's New!



❖ **First Food Nutrition Service-  
hosted Mobile App!**

**NOW  
AVAILABLE**

❖ **Download it today!**

- ✓ Apple App Store
- ✓ Google Play Store



Search and locate yield information for foods typically served in Child Nutrition Programs.



Compare yield information to determine the foods that best meet your program needs.



Create a favorites list of food items!



Email and print search results, food comparisons, and favorites list

# Download it today!

<https://www.fns.usda.gov/tn/food-buying-guide-mobile-app>



# Food Buying Guide

## FBG Mobile App



## Demonstration



United States Department of Agriculture



# Food Buying Guide

## USDA Standardized Recipes

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<https://www.fns.usda.gov/usda-standardized-recipe>



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## Whole Grains

- Rice Pilaf
- Baking Powder Biscuits
- Granola



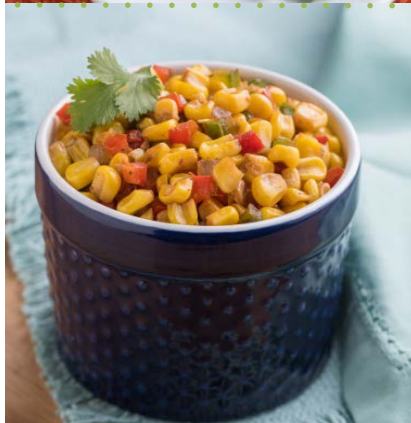
## Main Dishes

- Taco Salad
- Beef Shepherd's Pie
- Cream of Chicken Soup




## Vegetables

- Mexicali corn
- Chinese Vegetables
- Orange Glazed Carrots



# What's Cooking? USDA Mixing Bowl




United States Department of Agriculture  
What's Cooking? USDA Mixing Bowl

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Household Recipes  
Large Quantity Recipes  
Recetas en Español



**Aztec Grain Salad**  
Aztec Grain Salad combines a South American, high-protein grain called quinoa with aromatic roasted butternut squash, crisp apples, and dried cranberries to make a delicious and colorful side dish.

Stay Connected



<https://whatscooking.fns.usda.gov/>

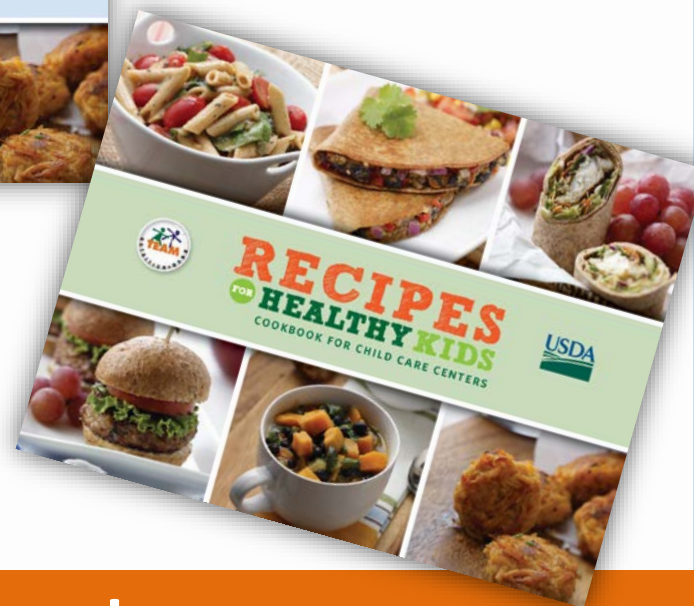


# Recipes for Healthy Kids Cookbooks

For Schools (50 to 100 svgs)

For Homes  
(6 svgs)

For Child Care Centers  
(25 to 50 svgs)



<http://teamnutrition.usda.gov>



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# Nutrition and Technical Assistance Branch Mailbox



[cnpntab@fns.usda.gov](mailto:cnpntab@fns.usda.gov)

CONTACT US





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# Food Buying Guide

# Thank You!



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